

VAADAC VIEWS

Virginia Association of Alcoholism & Drug Abuse Counselors,
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 24 No 2
Spring 2012

VAADAC Board

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www.naadac.org/va

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Patrice Porter:
VAADACViewsEditor@embarqmail.com

Advertising:

VAADAC VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

Letter from the President

It is my privilege to represent and serve you as your new President. My predecessors have raised the bar high, and I am keenly aware of the examples they have set for me.

As always we have new and exciting challenges ahead of us: if we can address them with intelligence and creativity, we will continue to stay in the forefront as leaders in the addiction treatment and prevention field. The Affordable Health Care Act and Mental Health Parity legislation potentially give us unique opportunities to bring better services to more people, even in the face of countervailing influences due to budgetary constraints. In response, we must continue to be advocates for ourselves as professionals, and for our clients. The message we need to get out is this: we know what we are doing, we help people recover, and it's worth the money. Give us more of what we need, and we can do even better.

In my view, we also need to cooperate with two strongly emerging technologies: medication-assisted recovery, and community recovery systems. Our experience as professionals in the trenches gives us a responsibility to provide both the constructive criticism, and the support needed to help integrate these and other newer technologies into the addiction treatment continuum.

While maintaining attachment to our traditional roots, we need to be willing to embrace complementary methods with a strong evidence base: to recognize that there are many pathways to recovery, and many more tools to use. That's one reason we keep growing professionally,

consistently upgrading our education, credentials and skills.

I look forward to hearing from you. Please contact me at jsavides@augustahealth.com, or 540-941-2544 to let me know how this board can serve you better. And thank you for being a VAADAC member.

-----John Savides BGS, CSAC, NCAC II, SAP

Registration is Open for the Virginia Summer Institute for Addiction Studies

You can earn 20 educational hours attending the VSIAS. Register on-line at www.vsiias.org to attend VSIAS, July 18 - 20, 2011 in Williamsburg, Virginia. VSIAS will be held at the Williamsburg Hospitality House.

The keynote on Monday will be "Healthcare Reform and Substance Abuse Treatment – The Integration Era", presented by A. Thomas McLellan, Ph.D. former Deputy Director of the White House Office of National Drug Control Policy.

Monday afternoon presenters are: Dorolyn Alper, RN, LPC, ATR-BC and Trudy Kim, LPC, ATR-BC (*Art Therapy Interventions with Substance Abusing Adolescents*), Eleanor Woollard, LPC, CSAC (*Experiential Modalities in Treating the Impaired Professional*), Courtayne Adams, RYT (*Yoga and Meditation: A Healing Modality for Treating Addiction*), Martha T. Early, PhD, LCSW, LCAS, CAC (*Addiction and Recovery in the Cougar*), Naomi Aitken, Joseph J. Halpin, MA, CRC, Joseph C. Rossi & Nicolas A. Whited (*Discussion: Recovery & Employment – Department of Rehabilitative Services Success*).

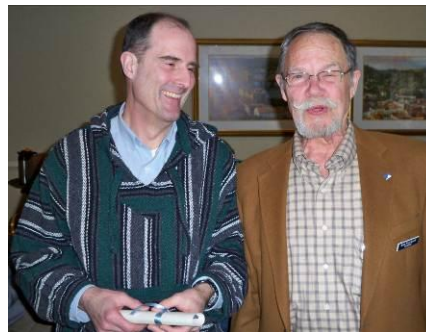
Tuesdays morning presenters are: Dudley Bush, MS and Panel of Presenters (*Family-Based Prisoner Substance Abuse Treatment Offender Reentry Grant Program Review*), Janis Dauer, MS, CAC/CCS, CPP (ATOD) (*Developing Competence in Addressing Tobacco Dependence with Behavioral Health Populations*), Carmen E. Greiner, LPC, LSATP, MAC, SAP (*Treatment with Sexual Minorities: Advanced Issues and Ethics*), Erin Johnson, LPC, MAC, FAMI, Cara Marinucci, LPC, FAMI (*Integrative Therapies: Bringing the Expressive Arts and Mind Body Therapies Into Your Practice*), Paul Nagy, LPC, LCAS, CCS (*Making Shift Happen: Applying Motivational Interviewing with Adolescents*)

Afternoon Tuesday speakers include those whose AM sessions continue into the afternoon as well as these other presentations: Mary Ann Hanson, LCSW (*Clinical Treatment for Women as They Re-Enter the Community After Incarceration*), Michael Weaver, MD (*Buprenorphine Treatment in Adolescents*),

Wednesday's morning line up is: Wayne Frith (*Environmental Strategies for Recovery, Treatment and Prevention: A New Community*), Michael A. Gillette, Ph.D. (*The Ethics of Social Networking and Online Counseling*), Jennifer Smith, LPC (*Teaching Problem Solving Skills and Communication Skills to Adolescents: a CBT Approach*), Frank Watkins (*Integrating the Recovery Community into Addictions Treatment*), Michael Weaver, MD (*SBIRT in Older Adults*).

Wednesday afternoon offers continuation of some morning sessions along with talks by: Andrew Isham, M.S. (*Developing and Testing a Smartphone Application to Prevent Relapse*), Deborah A. Russo, PsyD, Licensed Clinical Psychologist (*Deadly Diets and Hunger Pains: Eating Disorders, Impulse Control and Self Injury*).

Congratulations to the Virginia Summer Institute for Addiction Studies Registration Winners!



A random drawing was held during the Annual Members Meeting. Mae Bethea and Christopher Lindemann each won a free registration to VSIAS 2011. Four more free registrations will be given to individual VAADAC members. See details on the VAADAC Web page, under VAADAC Upcoming Events.

Newport News Drug Court and VAADAC Celebrate Black History Month

The Newport News Drug Court held its annual Black History Month event on Monday, February 14th at the Downing Gross Cultural Arts Center. The guest speaker was local Attorney Verbena Askew. She was introduced by the programs first graduate (2001). The program was pleased to have Mr. Alfred Bridges- program therapist, Attorney Askew and the first drug court graduate (2001) attend. In addition information was provided by Mr. Robert Brooks (Newport News Park Ranger) on African Americans first in Law & Government. Additional information that included a table display with literature focused on African-American inventions and Inventors.

Counselors & Independent Practice Under TRICARE

By June 20, 2011 a law will go into effect which allows counselors independent practice under TRICARE.

Treatment Plan for the Future: A Message from the Northern Region President

It was with great honor that I accepted the Board's appointment and membership's confirmation as Northern Region President at the VAADAC Annual Meeting in March. As I assume this role, I have been thinking about the goal of strengthening VAADAC's mission in the Northern Region so that we can become a more cohesive group that has a significant impact on providing the highest quality treatment to those suffering from addiction and related disorders. After all, we are the experts in the field not only through our education and training but more importantly through our experiences on the

job. By using VAADAC as a vehicle to share those experiences with each other on a regular basis, we will become more effective and efficient in our treatment efforts.

As with any good treatment plan the general goal is defined by more specific objectives. In this case we first have the objective of increasing membership. Although VAADAC membership has been dwindling across the state in recent years, the decrease in membership in the Northern Region has been proportionally greater despite the larger population and number of treatment facilities. Second, I have identified the objective of expanding training venues and thank those of you who have maintained the momentum in this area. (Keep it up Prince William.) Third, I think we all can appreciate more opportunities for networking and collegial communication.

As I take the next step and begin to develop the tasks to meet these objectives, I welcome your input. If I have forgotten something which you think is important, please contact me via a quick email or with an elaborate proposal. I am your representative on the Board of Directors, so please let me know how VAADAC can help you to do your job better, facilitate advancement in your career, and generally fight the disease of addiction. I look forward to hearing from you.

---David Semanco, MS, MAC, CADAC, CSAC dsemanco@bridgingthegaps.com

2012 VAADAC Awards Nominations

November 1, 2011 is the deadline for nomination for the 2012 VAADAC awards. Please submit address your nominations to: Chair, VAADAC Nominations Committee at paul.harmon@dbhds.virginia.gov

Awards qualifications are:

Counselor of the Year: An active VAADAC member for the past year who is not a Board member, who has made outstanding contributions to the treatment and recovery of clients, has exceptional dedication to the field, and a high level of professionalism.

Distinguished Service Award: A person or organization distinguished by outstanding contributions in the field of addiction and recovery (award limited to

one per year). Current members of the Association Board are not eligible for nomination.

Citizen of the Year Award: A person who has made significant contribution to the field of addiction and is not employed in addiction counseling.

Walter Kloetzli Award: This award is in honor of Walter Kloetzli, a long time VAADAC member and past President of VAADAC, who has spent the better part of three decades advocating on behalf of addiction professionals and those in their care. His relentless pursuit of appropriate support and recognition for substance abuse professionals has been unmatched and integral to the growth and development of VAADAC and the profession. The recipient of this award will be VAADAC member who has served at the chapter, regional or state board level and who has demonstrated extraordinary dedication in advocating for the addiction profession and VAADAC.” --Excerpt from VAADAC By-Laws

Modeling Holistic Approaches to Healthy Lifestyle for Our Clients



Gloria Eley-Epps, Clinical Supervisor of Newport News Drug Court participated in the annual Shamrock Marathon in Virginia Beach on March 19-20, 2011. Mrs. Eley-Epps ran in the 8k race and finished 55.5 minutes. Her motto is that good health, happiness, and humility are keys to a better lifestyle for the program participants.

Around the State

Northern Region

David Semanco is the president of the Northern Region & will begin to plan trainings for this region.

Southeastern Region

The Southeastern Region of VAADAC was represented at a Black History Month event on February 14, 2011 at Downing Gross Cultural Arts Center in Newport News. The Southeast Region is holding a free alcohol screening in recognition of National Alcohol Screening Day, on Tuesday April 19th from 5pm-7 pm. The screening includes a written self-assessment, as well as the opportunity to ask questions and talk to a health professional. For further information contact John Haywood (757) 247 2370.

The southeast region of VAADAC was also represented at a Children of Alcoholics Week event (2/13/11- 2/19/11) and will be represented at National Alcohol & Other Drug-Related Birth Defects Week (May 8-14), National Alcohol And Drug Addiction Recovery Month (9/ 11), National HIV/AIDS day (9/18/11), Mental Health Awareness Week (10/2/11- 10/8/11), National Drug Facts Week (10/31/11-11/ 5/11), and World Aids Day (12/1/11).

Central Region

Carmen E. Greiner, MS, LPC, LSATP, MAC will present: Treating GLBT Clients: Advanced Issues on April 29, 2011. This training will provide 3.5 hours of education.

A two hour ethics training was given by Kevin Doyle, Ed.D. LPC, LSATP, past president of VAADAC and past Chairman of the Board of Counseling. His topic, Overview of Ethics for Substance Abuse Treatment Providers in Virginia, was presented on 3/31/11.

Southwestern Region

There will be CSAC training by Steven Ratliff on Group Dynamics on May 5, 2011 in Rocky Mount. Watch for the flier with further details about this training.

Reminders

Submitting Articles

Articles submitted may be edited for length and content. The maximum length of submitted articles is three-quarters of a page, single spaced. The editor reserves the right to publish only articles which relate to the VAADAC's mission.

Articles will not be printed with a recovering person's name, identifying data, or photograph without the person's written permission submitted to the editor with the related article. The name of treatment facilities or providers will not be printed.

If you wish a by-line, submit your name and credentials as you wish it to be published. If desired, your e-mail address can also be listed.

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAADAC VIEWS for publication, contact the editor, Patrice Porter at:

VAADACViewsEditor@embarqmail.com

Update Your Colleagues

Have you received a professional award? Do you know a VAADAC member who has received a professional award? Please send VAADAC Views this information so that the accomplishments of our members do not go unrecognized

Change in Your E-Mail Address

E-blasts to VAADAC members about VAADAC trainings and other events are performed by NAADAC, who maintains the VAADAC membership list. If you need to change your e-mail address, please write Donna Croy, Director of Membership Services, at: dcroy@naadac.org

In The Lens





Many Thanks to the VAADAC 2011 Annual Members Meeting Sponsors



When you next see our Annual Members Meeting Sponsors, please thank them for sponsoring our 2011 VAADAC Annual Members Meeting.

Silver

The William J Farley Center at
Williamsburg Place



Remuda Ranch

Bronze

Father Martin's Ashley

Pathways Treatment Center

Phoenix Houses of Mid-Atlantic

The Barry Robinson Center



Other

Alliance for the Prevention and
Treatment of Nicotine Addiction



VAADAC

Upcoming Events

April 19, 2011

**Southeastern Region VAADAC
Alcohol Screening**

Event:

5:00 – 7:00 PM

Cost:

Free

Location:

Warwick SRO
2410 West Ave
Newport News, Va.

Contact:

John Haywood
(757) 247 2370

April 28, 2011

**Prince William Chapter
VAADAC Brown Bags**

Training:

Working with the Substance Abuser Elderly
Client

By Evelyn Hatfield, LPC

Hours of Education:

1

Schedule:

No Preregistration Necessary
Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours
not needed

Location:

Center for Psychiatric & Addiction Treatment
IOP Group Room 2
8680 Hospital Way (Behind
PR.Wm.Hospital)
Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for
Psychiatric and Addiction Treatment

Contact:

703-369-8403
703-369-1093

April 29, 2011

Training:

Treating GLBT clients: Advanced Issues

Presenter:

Carmen E. Greiner, MS, LPC, LSATP,
MAC

Hours of Education:

3.5

Event:

1 PM - 5 PM

Cost:

VAADAC Members: Free

Non VAADAC Members: \$40

Location:

Commonwealth Center for Children &
Adolescents
Staunton, Virginia

Directions:

www.ccca.dbhds.virginia.gov

Parking:

Free on Site.

Contact:

Paul Harmon at 540 332-2109

May 5, 2011

Southwestern Region

VAADAC

Training:

CSAC Training on Group Dynamics

By Steven Ratliff

Hours of Education:

To Be Determined

Schedule:

To Be Determined

Event:

To Be Determined

Cost:

To Be Determined

Location:

Rocky Mount

Parking:

To Be Determined

Contact:

Watch your E-mail for further
Details

May 26, 2011

Prince William Chapter

VAADAC Brown Bags

Training: Acupuncture in Substance Abuse
Treatment

By Monica Hayward MSW, CSAC
& Shirley Goe, CAC

Hours of Education:

1

Schedule:

No Preregistration Necessary

Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours
not needed

Location:

Center for Psychiatric & Addiction Treatment
IOP Group Room 2
8680 Hospital Way (Behind
PR.Wm. Hospital)
Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for
Psychiatric and Addiction Treatment

Contact:

703-369-8403
703-369-1093

June 30, 2011

Prince William Chapter

VAADAC Brown Bags

Training:

Suicide with Substance Abusers

By Carol Frizzle, LPC

Hours of Education:

1

Schedule:

No Preregistration Necessary
Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours
not needed

Location:

Center for Psychiatric & Addiction Treatment
IOP Group Room 2
8680 Hospital Way (Behind
PR.Wm. Hospital)
Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for
Psychiatric and Addiction Treatment

Contact:

703-369-8403
703-369-1093

July 18-20, 2011

Virginia Summer Institute for Addictions

Studies: Adopting to Change

20 Contact Hours can be earned by attending the entire Summer Institute.

www.vsiias.org

July 28, 2011

Prince William Chapter

VAADAC Brown Bags

Training:

ASAP update with Substance Abusers

By Elinore Hinzman, MSA

Hours of Education:

1

Schedule:

No Preregistration Necessary

Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours not needed

Location:

Center for Psychiatric & Addiction Treatment

IOP Group Room 2

8680 Hospital Way

(Behind PR.Wm. Hospital)

Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for Psychiatric and Addiction Treatment

Contact:

703-369-8403

703-369-1093

July 28, 2011

Deadline 5 PM:

Article submission for the Summer Edition, VAADAC VIEWS

August 25, 2011

Prince William Chapter

VAADAC Brown Bags

Training:

Record Keeping with Substance Abuse Clients

By Karyn O'Brien, PhD

Hours of Education:

1

Schedule:

No Preregistration Necessary

Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours not needed

Location:

Center for Psychiatric & Addiction Treatment

IOP Group Room 2

8680 Hospital Way (Behind PR .Wm.

Hospital)

Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for Psychiatric and Addiction Treatment

Contact:

703-369-8403

703-369-1093

September 29, 2011

Prince William Chapter

VAADAC Brown Bags

Training:

Smoking Abuse Cessation Treatment

By Janis Dauer, LPC

Hours of Education:

1

Schedule:

No Preregistration Necessary

Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours not needed

Location:

Center for Psychiatric & Addiction Treatment

IOP Group Room 2

8680 Hospital Way (Behind PR.Wm.

Hospital)

Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for

September 29, 2011

Deadline 5 PM:

Article submission for the Fall Edition, VAADAC VIEWS

October 27, 2011

Prince William Chapter

VAADAC Brown Bags

Training:

Neurofeedback in Substance Abuse Treatment

By Donna Creasy LPC

Hours of Education:

1

Schedule:

No Preregistration Necessary

Registration on Site

Event:

12:00 – 1:00 PM

Cost:

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if Contact Hours not needed

Location:

Center for Psychiatric & Addiction Treatment

IOP Group Room 2

8680 Hospital Way (Behind PR. Wm.

Hospital)

Manassas, Virginia 20110

Parking:

Large parking lot in front of the Center for Psychiatric and Addiction Treatment

Contact:

703-369-8403

703-369-1093

December 1, 2011

Deadline 5 PM:

Article submission for the Winter Edition, VAADAC VIEWS

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Human Resources International

Karen D. Rose, Executive Director
15 W Clay Street
Richmond, VA 23220
804-644-4636
804-648-4301 Fax
Karenr@hricorp.org

Inova Comprehensive Addiction Treatment Services

Thomas Barrett, Director
3300 Gallows Road
Falls Church, VA 22042
703-776-7742
703-776-7799 Fax
Thomas.Barrett@inova.org

Life Center of Galax

112 Painter Street
Galax, Va. 24333
877-762-3747

Pathways Treatment Center

Brent McCraw, Director
3300 Rivermont Avenue
Lynchburg, VA 24503
434-200-4455
434-200-7467 Fax
Brent.mccraw@centrahealth.com

Phoenix Houses of the Mid-Atlantic

51 North Quincy Street
Arlington, Va. 22203
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Recovery Choice

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