

# VAADAC VIEWS

Virginia Association of Alcoholism & Drug Abuse Counselors,  
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 21 No 2  
Summer 2008

## VAADAC Board

Jennifer Johnson	President
Ron Pritchard	President Elect
Vacant	Secretary
Ron Mills	Treasurer

### Regional Representatives:

Pattie Schneeman	Northern President
John Haywood	Southeast President
Patrice Porter	Central President
Madeleine Dupre	Central Delegate
Stewart Anderson	Central Delegate
Ron Mills	Southwest President

### Contact information:

Jennifer Johnson, President  
P.O. Box 25779  
Richmond, VA 23260  
p: 804.527.6222  
f: 804.861.5625  
[jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)

[www.naadac.org/va](http://www.naadac.org/va)

### Contact the VAADAC VIEWS Editor:

[VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com)

### Advertising:

VAADAC VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

## VAADAC Positions

### Secretary

If you have ever wanted to give back to your profession and receive appreciation for your service, this is your chance to be on the Board of Directors of VAADAC as the secretary. Please contact the President of VAADAC, Jennifer Johnson, LPC at:

[jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)  
[mjckjohnson@copper.net](mailto:mjckjohnson@copper.net)  
540-564-5629

## Board Member Committee Member

### “Somewhere over the Rainbow...”

I am here at the NAADAC Annual meeting in Kansas City, Kansas. It is always an honor to rub elbows with such esteemed leaders in our profession, and to be reminded of what NAADAC and VAADAC have done for us. I've been a member of VAADAC since my first internship 16 years ago. In that time I have been mentored, challenged, pushed and moved by my colleagues - by you! The themes here have been predominated by the film “The Wizard of Oz” (We are in Kansas, after all!). There have been red ruby slippers everywhere, a yellow brick road on the logo and even rainbow lollipops in the centerpieces. “Somewhere over the rainbow.....” has been resonating in my head as I move through the inspiring plenaries, workshops and meetings. Yes, even inspiring meetings! There are true pioneers here and passionate colleagues fighting for you and me. They fight for our consumers and for our profession. I am honored to be counted among them. You need to be counted among them too!

**Contact myself or your region president right now to talk about board or committee participation.** VAADAC and NAADAC give you many benefits as a professional, and as a leader in our profession those benefits are increased to reward your service. Many of the leadership hours can count toward continuing education.

Leadership in its truest and most effective form consists of both learning and educating openly for the benefit of all. Please join us in leading our profession in Virginia to support you, your peers and as a result your consumers.

Call one of us today to discuss how to be involved in board service.

Jennifer Johnson, LPC  
VAADAC President  
[jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)  
[mjckjohnson@copper.net](mailto:mjckjohnson@copper.net)  
540-564-5629

## VAADAC 2008 Awards Counselor of the Year

Martha Stevens was awarded the VAADAC 2008 Counselor of the Year Award at the Virginia Summer Institute for Addiction Studies. The nomination letter was read by Madeleine Dupre. The award was presented by Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP, Executive Director of NAADAC.

Martha is the Coordinator for Substance Abuse Adolescent and Family Services at the Richmond Behavioral Health Authority where she has worked for over fifteen years. She also is a program administrator, clinical supervisor, and clinician.

Ms. Stevens is known for her exceptional dedication to the field and high level of professionalism. She has been highly involved with a number of statewide initiatives, including Medicaid reimbursement for substance abuse treatment, interagency adolescent treatment initiatives, and implementation and maintenance of juvenile drug courts.

Her colleagues describe her as an unsung hero, passionate about her work, and “always in the background making things happen”.

She is known for her wealth of knowledge about alcoholism and drug addiction, particularly in the areas of adolescent treatment and co-occurring mental health and substance use disorders in youth.

Ms. Stevens is also known for her tireless efforts to transform our system of care and make services accessible to diverse populations.

Martha Stevens is ardent about involving families in treatment. As a strong advocate for her clients, she is proactive about networking with community agencies to make sure that the client's treatment needs are met.

Martha as creative, energetic, sincere, and “real smart”. She consistently promotes innovative and creative evidence-based interventions and works hard to identify strategies for transferring research findings into clinical practice.

Martha is also known for being a wonderful mentor and supervisor. She consistently displays enthusiasm for the profession of addictions counseling and is generous with her time and the wealth of knowledge that she possesses.

*(This article was extracted, with permission, from the award letter written by a VAADAC member.)*

---

## VAADAC Call for Award Nominations

Do you know anyone who has made outstanding contributions to the field of addictions and recovery? Would you like to find a way to let them know what a great job they've done? Please consider nominating him or her for one of VAADAC's 2009 Annual Awards. The awards are given in recognition of hard work, professionalism, and dedication to the field.

Nominations can be made by any member of VAADAC by submitting a nomination letter to Madeleine Dupre, the Chair of the Nominations and Elections Committee. Letters may be sent via snail mail to: Madeleine Dupre, Commonwealth Center for Children & Adolescents, P. O. Box 4000, Staunton, Va 24402, or by FAX (540) 332-2202, or via e-mail: [madeleine.dupre@ccca.dmhmrzas.virginia.gov](mailto:madeleine.dupre@ccca.dmhmrzas.virginia.gov).

**Counselor of the Year:** An active VAADAC member for the past year who is not a Board member, who has made outstanding contributions to the treatment and recovery of clients, has exceptional dedication to the field, and a high level of professionalism.

### **Distinguished Service Award.**

A person or organization distinguished by outstanding contributions in the field of addiction and recovery (award limited to one per year). Current members of the Association Board are not eligible for nomination.

**Citizen of the Year Award.** A person who has made significant contribution to the field of addiction and is not employed in addiction counseling.

**Walter Kloetzli Award.** This award is in honor of Walter Kloetzli, a long time VAADAC member and past President of VAADAC, who has spent the better part of three decades advocating on behalf of addiction professionals and those in their care. His relentless pursuit of appropriate support and recognition for substance abuse professionals has been unmatched and integral to the growth and development of VAADAC and the profession. The recipient of this award will be VAADAC member who has served at the chapter, regional or state board level and who has demonstrated extraordinary dedication in advocating for the addiction profession and VAADAC.

*(This article was written by a VAADAC member.)*

## Winner of the VAADAC Membership & Gas Card

The VAADAC Board voted to donate a door prize to be given away during the VSIAS Networking Social on June 19, 2008. A one year VAADAC membership and a \$25 gas card, to help defray the cost of transportation to and from the 2009 Summer Institute, was given to one lucky winner. Congratulations to the winner: Erick Onyango of Richmond! Welcome to VAADAC!

## About Our Members Presentation at NAADAC Conference

Edward Mikenas, CSAC presented an interactive workshop, using drums and percussion, entitled, "The Giant Client" at the NAADAC conference in August.

## Substance Abuse Program Receives 2008 Outstanding Service Award

The Office of Child and Family Services presented the 2008 Outstanding Service Award during the Virginia Summer Institute for Addiction Studies. This was awarded to the Substance Abuse Program of the Commonwealth Center for Children and Adolescents (CCCA), VAADAC member, Madeleine Dupre, LPC, LSATP, Substance Abuse Program Director of the Commonwealth Center for Children and Adolescents, accepted the award for the Substance Abuse Program at CCCA.

"The recipient... is a program that is a leader and trailblazer in developing services for children and adolescents, especially adolescents impacted by substance use and mental health disorders. This year's recipient is not one of those "change with the trend programs" but rather has a long and distinguished reputation for service delivery.

In 1972 the Virginian General Assembly's Commission on Mental Indigent and Geriatric Patients recommended that this program be used to serve "the hundreds of children and youth with severe behavioral disorders" ....The program director and co-occurring disorder clinician provide case consultation to the clinical teams across disciplines in the program as well as provide individual and group psychotherapy with adolescents, focusing on co-morbid disorders.

This program provides training to all new staff on co-occurring disorders and has provided a series of training seminars in Motivational Interviewing and Stages of Change to all program staff. Their staff has also received training in Developmental Pathways to Adolescent Substance Use Disorders lead by Paula Rigs, a nationally recognized expert in the field of adolescent treatment research.

Staff in this program conducted cutting edge

research on the impact of co-occurring disorders and adolescents... psychiatric disorders, sexual abuse and substance use among adolescent inpatients and addiction epidemiology in adolescents presenting for inpatient psychiatric treatment."

*(This article was extracted, with permission, from the award presentation speech written and spoken by Malcolm King, MS, CSAC at VSIAS 2008).*

## NAADAC Update NAADAC's New Newsletter

Adolescent Treatment Today is The NAADAC Adolescent Specialty Committee Newsletter. If you wish to request the newsletter, please write: [AllAdolescents@yahoo.com](mailto:AllAdolescents@yahoo.com).

## In The Moment Tilling Concrete?

Why do we work with alcoholics and other drug addicts? Are we tilling concrete as some would say? The week before VSIAS 2008, a client came for an exit interview after successful completion of substance abuse treatment. We talked about the difficulties she had overcome in treatment, and her eyes filled with tears. I turned from her to reach for a discharge form from the file cabinet. When I faced her again, she had placed a beautiful Helen Steiner thank-you card on my desk. I teared up as I read the card and her kind words to me. Inside of the thank-you card, she had an announcement of her oldest child's graduation. At the bottom of the announcement, she thanked me for helping her get her family back and making it possible for her to be at that graduation.

Many of us have similar stories. Let's share them and encourage each other.

Copyright © 2008 by Yvonne Ortega, LPC, LSATP, CCDVC  
[yvonne@yvonneortega.com](mailto:yvonne@yvonneortega.com)  
[www.yvonneortega.com](http://www.yvonneortega.com)

## Reflections on VSIAS

The highlight of each year for this substance abuse counselor is the Virginia Summer Institute for Addiction Studies, known as VSIAS. I have attended annually since VSIAS first started. The location at the College of William & Mary, a beautiful campus in the heart of Colonial Williamsburg, sets the tone. As a WM graduate, I delight in introducing others to two of my favorite people, Dr. Gressard and Laurie Rokutani who freely give their time and talents to the addictions field.

If you wanted to find me at VSIAS, you would have started in the parking lot for the summer institute. I was the 5' 0" brunette who rode the shuttle bus to the University Center and talked

nonstop with anticipation of the workshops, lunchbox sessions, and reunions with others.

If you looked for me at the exhibits, I was the one who dropped my business card off at every table for the drawings. Ron Pritchard says I win all the time, but that's because I leave my card in every place possible. I've never seen him leave a card at the exhibits. No wonder he doesn't win. Speaking of the exhibits, you may have observed me pick up all the latest information, brochures, free pens, mints, bags, etc. I could start my own office supply after VSIAS.

The store, **Happy Joyous & Free**, set up a book table with a variety of new and classic resources for addiction professionals. I found several materials for my women's substance abuse treatment group there. If you browsed at the book table and had a cell phone, I may have asked you to borrow it. I placed more than one call to my agency to approve yet another purchase.

I was one of the cheerleaders at the Awards Banquet on Monday. What a joy to see my colleagues recognized for their service and commitment. A delicious meal buffet-style allowed everyone to go through the line with ease. I chatted with some of my friends from throughout the state and met new ones.

Cynthia Moreno Tuohy, the Executive Director of NAADAC, presented a session on "Healing the Veteran-Issues & Techniques in Substance Use Disorders." She came well-prepared and could have kept the audience captive twice the amount of time.

On Tuesday, my initial response to Stephanie Covington's inability to present the two-day workshop on girls in recovery was disappointment. However, her assistant did an outstanding job. I enjoyed every minute of the workshop and never felt cheated. The interaction of the participants and the closeness we developed demonstrated her effectiveness.

The lunchbox sessions provided not only a chance to earn another CEU but also to learn from others and pick up helpful handouts. On Monday, Dr. Gressard filled in at the last minute for the speaker on federal confidentiality laws. The group asked question after question, and our "ethics expert" answered them all.

The presenters at the lunchbox session on substance abuse and older adults had more to share than time allowed and passed out detailed handouts. I hope they will return next summer and prepare us to work with the Baby Boomers.

Before the week ended, I congratulated the VSIAS Board members for the outstanding speakers and for their labor of love that resulted in another outstanding conference.

I hope you'll join me next summer at VSIAS.

Copyright © June 2008 by Yvonne Ortega, LPC, LSATP, CCDVC  
Visit Yvonne at [www.yvonneortega.com](http://www.yvonneortega.com)

## In the Lens

### Virginia Summer Institute for Addiction Studies 2008



Cynthia Moreno Tuohy



Martha Stevens



Malcolm King, Madeleine Dupre

## Reminders

### Submitting Articles

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAADAC VIEWS for publication, please contact [VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com).

### By-Lines

If you wish a by-line, please submit the article title along with your name.

### Change in Your E-Mail Address

Please write Donna Croy, Director of Membership Services, at [dcroy@naadac.org](mailto:dcroy@naadac.org) to update your address with NAADAC as well as VAADAC. (VAADAC will receive your address with the next NAADAC update.)

### Haven't Received VAADAC e-mails?

If you have not received an e-mail informing you of the posting of this newsletter or an e-mail about the ethics training, NAADAC/VAADAC does not have a valid e-mail address for you. If you wish to receive future mailings, update your e-mail address.

---

## Upcoming Events

- September 12, 2008     **VAADAC Board Meeting**     October 28, 2008     **Legal and Ethical Issues for Counselors Presentation by Charlotte Chapman, LPC**  
Tuesday, 8:30 AM – 4:30 PM, 6 CEUs  
Free to individual VAADAC members  
Staunton, Virginia  
Preregistration is required.  
**Send in preregistration form at the end of this newsletter.**
- September 13, 2008     **Walk for Recovery For People Involved in Drug & Alcohol Treatment or Supporting Recovery**  
  
3 K walk (6-7 laps)  
The walk is free; donations are appreciated  
Registration: 9:00 AM  
Walk Starts 10:00 AM – 12 PM  
  
Beverly Manor Middle School Track  
58 Cedar Green Road  
Staunton, Virginia 24401  
  
This event is being organized by a community coalition which includes Valley Community Services Board, Mental Health America-Augusta, the Central Region of VAADAC, and Recovery Choice at Augusta Medical Center as well as SAMHSA/CSAT and NAADAC.
- September 19, 2008     **NAADAC Open House**  
11 am to 2 pm  
  
Visit the home of the nation's largest professional association for those focused on addictions.  
  
More details at [www.naadac.org](http://www.naadac.org) or contact NAADAC at [naadac@naadac.org](mailto:naadac@naadac.org) or 800.548.0497.
- September 24, 2008     **Panel of Individuals in Recovery**  
  
*The Faith based community will be invited to witness the benefits of recovery and to support people with drug and alcohol problems in continuing their journey of recovery.*  
  
Members of the recovery community will present a forum. The forum will consist of a panel of individuals in recovery brought together to discuss specific recovery issues. The panel will include individuals from the community in recovery, individuals that have completed the Drug Treatment Court Program, and a professional in recovery.  
  
6:00 p.m., Main Street Library  
110 Main St. Newport News  
Contact: John Haywood (757)-247-2370  
**SPONSORED BY VAADAC**
- November 14, 2008     **VAADAC Board Meeting**
- January 1, 2009     **VAADAC Board Meeting**
- March 13, 2009     **Annual Member's Meeting**  
Marriott  
50 Kingsmill Rd  
Williamsburg, Va  
1-757-220-2500
- May 15- 16, 2009     **Annual Board Retreat**
- July 20- , 2009     **Virginia Summer Institute for Addiction Studies at William & Mary, Williamsburg**  
  
Prevention, Intervention & Treatment of Co-Occurring Addictions: Substance Use Disorders & Process Addictions

## VAADAC 2008 Sustaining Members

### Alliance for the Prevention and Treatment of Nicotine Addiction

Janis Dauer  
3557 Chesapeake Blvd. #1  
Norfolk, VA 23513  
757-858-9934  
757-858-8464 Fax  
[jdauer@aptna.org](mailto:jdauer@aptna.org)

### Bridging the Gaps, Inc.

Stan Stokes  
423 W Cork Street  
Winchester, VA 23601  
540-535-1111  
540-450-1205 FAX  
[Stan.stokes@bridgingthegaps.com](mailto:Stan.stokes@bridgingthegaps.com)

### Eastern Shore CSB

Shenay Wharton  
19056 Greenbush Road – PO Box 1330  
Parksley, VA 23421  
757-665-1260  
757-665-4184 FAX  
[swharton@escsb.org](mailto:swharton@escsb.org)



---

**Fairfax-Falls Church**

Will Williams  
3900 Jermantown Road  
Fairfax, VA 22030  
[Will.williams@fairfaxcounty.gov](mailto:Will.williams@fairfaxcounty.gov)

**Father Martin's Ashley**

Ernie LeClerc  
2052 Columbo Avenue  
Chesapeake, VA 23321  
757-651-7449  
757-465-0315 FAX  
[Ernielec@cox.net](mailto:Ernielec@cox.net)

**Gemeinschaft Home, Inc.**

Jennie S. Amison, Executive Director  
1423 Mt. Clinton Pike  
Harrisonburg, VA 22802  
540-434-1690  
540-432-9479 FAX  
[jennia@gemeinschafthome.com](mailto:jennia@gemeinschafthome.com)

**Goochland-Powhatan Community Services**

Bill Desmond  
3910 Old Buckingham Road  
Powhatan, VA 23139  
804-598-2200  
804-598-8710 FAX  
[bdesmond@co.goochland.va.us](mailto:bdesmond@co.goochland.va.us)

**Hallmark Youthcare - Richmond**

Shannon Allen/Dir. Bus. Devel./Com. Relations  
12800 West Creek Parkway  
Richmond, VA 23238  
804-784-2200  
804-784-5331 FAX  
[Shannon.allen@hallmarksystems.com](mailto:Shannon.allen@hallmarksystems.com)

**Hampton-Newport News CSB**

Patty Gilbertson  
300 Medical Drive  
Hampton, VA 23666  
757-788-0300  
757-788-0967 Fax  
[pattyg@hmnscsb.org](mailto:pattyg@hmnscsb.org)

**Harrison House of Virginia**

Steve Crow  
5105-Q Backlick Road  
Annandale, VA 22003  
703-256-6474  
703-256-1596 FAX  
[HHouse5101@aol.com](mailto:HHouse5101@aol.com)

**Inova Comprehensive Addiction Treatment Services**

Joseph Dowd, Program Director  
3300 Gallows Road  
Falls Church, VA 22042  
703-776-7742  
703-776-7799  
[Joseph.Dowd@inova.com](mailto:Joseph.Dowd@inova.com)

**Pathways/Centra Health**

Brent McCraw  
3300 Rivermont Avenue  
Lynchburg, VA 24503-2053  
434-947-4455  
434-947-7467 FAX  
[Brent.mccraw@centrahealth.com](mailto:Brent.mccraw@centrahealth.com)

**Life Recovery Program****Rockingham Recovery Hospital**

Jennifer Johnson, Coordinator  
235 Cantrell Avenue  
Harrisonburg, VA 22801  
540-564-5629  
540-564-5823 FAX  
[jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)

**Riverside Behavioral Health Center**

Cynthia Cotton  
2244 Executive Drive  
Hampton, VA 23666  
757-827-1001  
757-827-3161 FAX  
[vonnies.james@Rivhs.com](mailto:vonnies.james@Rivhs.com)

**SAARA of Virginia, Inc.**

Mark Blackwell, Executive Director  
306 Turner Road, Suite P  
Richmond, VA 23225  
804-762-4445  
804-762-4333 Fax  
[director@saara.org](mailto:director@saara.org)

**VA Health Practitioners' Intervention Program****VCU Department of Psychiatry**

Dr. Patricia Pade; Contact: Caroline Brown  
700 E Franklin Street, Suite 300 Tower  
Richmond, VA 23219  
804-828-1551  
804-828-5386 FAX  
[papade@vcu.edu](mailto:papade@vcu.edu)

**Virginia Hospital Center****Addiction Treatment Program**

Kitty Harold, RN, LCSW  
1701 N. George Mason Drive  
Arlington, VA 22205  
703-558-6314  
703-558-6771 FAX  
[kharold@virginiahospitalcenter.com](mailto:kharold@virginiahospitalcenter.com)

**Western Tidewater CSB**  
Joe Sascowicz  
5268 Godwin Blvd.  
Suffolk, VA 23434  
757-255-7123  
757-255-7162 FAX  
[jsciscowicz@wtcsb.org](mailto:jsciscowicz@wtcsb.org)

**Williamsburg Place & The Wm. J. Farley Center**  
Gina de Peralta Thorne  
5477 Mooretown Road  
Williamsburg, VA 23188  
(757) 565-0106  
(757) 565-0620  
[gthorne@farleycenter.com](mailto:gthorne@farleycenter.com)

## ***Legal and Ethical Issues for Counselors***

*Presented by:*

**Central Region of the Virginia Association of Alcoholism & Drug Abuse Counselors (VAADAC)**

***This workshop fulfills the yearly ethics training requirement for Virginia LPCs***

**Where:** Commonwealth Center for Children & Adolescents (CCCA)  
Staunton, Virginia (free on-site parking)

**When:** Tuesday, October 28, 2008  
8:30 a.m. - 9:00 a.m. Registration  
9:00 a.m. - 12 noon Legal & Ethical Issues for Counselors  
12:00 noon – 1:30 p.m. Lunch on your own  
1:30 p.m. – 4:30 p.m. Legal & Ethical Issues for Counselors

**Cost** (includes 6 CEU's): Free to VAADAC Individual Members  
\$50 nonmembers, \$25 nonmember students

**Directions:** Go to: [www.ccca.dmhmsas.virginia.gov](http://www.ccca.dmhmsas.virginia.gov)

**Description:**

This training covers legal terms that counselors need to know such as case law, statutes, regulations, duty to warn, subpoenas, court orders and malpractice issues. This training also discusses ethical principles and how these can be in conflict with legal mandates. Participants will be involved in an ethical decision making process to differentiate legal, illegal, ethical and unethical practice. The format is didactic along with group discussion.

**Presenter:**

**Charlotte Chapman, M.S. in Rehabilitation Counseling ,MAC, CAC, CCS, NCC, LPC**

Charlotte is a certified addictions counselor and licensed professional counselor in Virginia. She has over twenty-five years experience as a counselor, supervisor and trainer in the substance abuse and mental health field and holds national credentials in substance abuse, supervision and mental health. She is also Associate Professor at the Department of Rehabilitation Counseling at Virginia Commonwealth University where she teaches graduate courses in counseling. Charlotte has presented at national conferences on ethics, clinical supervision and motivational interviewing. She has published articles on ethics in the substance abuse field and has served on professional ethics committees and credentialing boards. Charlotte is a member of the Motivational Interviewing Network of Trainers (MINT).

**Pre-registration is required.**

**To register, send this completed form to:**

**[VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com)**

**Name:** \_\_\_\_\_

**VAADAC/NAADAC Individual Member Identification Number:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**For more information,**

**Call Madeleine Dupre at CCCA (540) 332-2127**