

VAADAC VIEWS

Virginia Association of Alcoholism & Drug Abuse Counselors,
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 22 No 2
Spring 2009

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Advertising:

VAADAC VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

Letter From The President

Hello VAADAC,

Right away, let me say that I am thrilled and honored to have been chosen to represent our members as we continue to enhance our reputation as professionals in the field of Substance Abuse Treatment and Prevention.

For those of you who have worked with me in the past, I hope to continue to have your much-needed support. For those whom I've not yet had the pleasure to get to know, I hope you will also support VAADAC with your time, your feedback, and your patience. Ensuring "the word gets out" has always been one of the more challenging aspects of our organization.

I intend to work in three main focus areas during my first year. These will be:

1. Continuing the restructuring of the way VAADAC operates. This was already begun by Jennifer Johnson and announced at the Annual Meeting this March.

2. Ensuring VAADAC maintains identification and status as an organization that supports its membership and supports maximizing the skills of its members to advance along professional pathways.

3. Keeping VAADAC's voice and presence in the development of initiatives that promote acquisition of skills necessary to meet constantly changing priority needs within the Substance Abuse Treatment and Prevention professional community.

I encourage all of you to take every opportunity to broaden your scope of practice to include skills and accreditation in providing services and treatment for the co-occurring population. I feel you will agree, as it is a rarity to encounter one of our clients who is not suffering from more than one diagnosis, and treating one diagnosis without properly addressing the other is usually futile.

The returning Veterans and their families continue to need our help. We continue to be among the providers that are the first to recognize the co-occurring disorders in these individuals. I urge you to become proficient in initial screening skills and referral techniques to ensure our clients receive the services they need and deserve.

Again, it is an honor to serve you. Please contact me at ronpritchard@verizon.net or 757 621 5940 (cell) to let me know what we, the VAADAC Board, can do better.

Ron Pritchard, BS, CSAC, CAS
757 953 4873 day

ron.pritchard@med.navy.mil Work
ronpritchard@verizon.net home.

Registration is Open for the Virginia Summer Institute for Addiction Studies

Register on-line at www.vsiias.org to attend VSIAS, July 20 - 22, 2009 in Williamsburg, Virginia. This year VSIAS will be held at the Williamsburg Hospitality House, allowing attendees to remain in temperature controlled comfort throughout the Summer Institute.

The two keynote speakers this year are Dr. David Mee-Lee on Tuesday and Michael Gillette, Ph. D. on Wednesday.

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Speakers and topics for the 2009 VSIAS are: Nancy Haden, LPC (Clinical Interpretation Training of the SASSI-Adults & Adolescents) , Karen Ingersoll, Ph.D.& Chris Wagner, Ph.D. (*Intermediate Motivational Interviewing Groups Co-occurring Medical, Substance Use, Mental Health*), Carmen Greiner, LPC, LSATP (Introductory Co-Occurring Disorder Treatment for Lesbian, Gay, Bisexual and Transgender Individuals), Dr. David Mee-Lee (*The Revised Second Edition ASAM Patient Placement Criteria: Understanding and Using ASAM PPC-2R*), Kathleen Rodriguez, MA, NCC & Brianna Jarabak, LCSW (*Person Centered Client Treatment Planning for Clients with Co-occurring Disorders Utilizing Experiential Group Therapy*), Mandy Perryman, Ph.D. (*Kids Hooked on Food*), Sadie M.

Sheafe, Ph.D. (*Family Healing*), Charlotte Chapman (*Motivational Interviewing with clients with Co-occurring Illness*), Elizabeth Holt, ATR-BC, LPC Sandra Rasmussen, Ph.D. & Dr. Sherman Master (*Gambling in the 21st Century: From Casinos to Computers*), Sandy Kanehl, M.Ed. (*The Language of Addiction and Recovery: Helpful, Harmful, or Both?*), Michael Olsen (*Substance Abuse Prevention Specialist Training*), Jan Beauregard, Ph.D. (*Tools for Transforming: Integrating the Affective Therapies*), Jennifer Smith, LPC ACRA/ACC (*Adolescent Community Reinforcement Approach/Assertive Continuing Care (ACRA/ACC) for Substance Using Adolescents: Implementing an Evidenced-Based Treatment Model*), Michael Gillette, Ph.D. (*Ethics in an Environment of Scarcity*), Sadie Sheafe (*Family Healing*) .

2009 Annual Meeting: Well Organized, Well Attended, Well Received

By Stewart L. Anderson, M.A., MAC-VAADAC Member

I was given the task of reporting on the VAADAC annual meeting, held at the Kingsmill Marriott on Friday, March 13th. I must say that my impressions of the event can be summed up using the three simple phrases mentioned above. Things seemed to run smoothly from the sign in/meet and greet period, (as always an opportunity to renew old acquaintances, or engage in some networking with other attendees), through the days events, concluding with the receipt of attendance certificates and the saying of

farewells. As with last year's conference, I found the accommodations, food, and other amenities to be of very high quality. We also managed, due in large part to Jennifer Johnson and Ron Pritchard's ability to maintain focus on the tasks at hand, to conduct the Business meeting portion of the gathering in an orderly, productive manner.

I was impressed with the number and diversity of attendees. All areas of the state seemed to be represented, as well as there being a divergent mix of Addictions and other Professionals in attendance. To that end, the presentation by NAADAC Executive Director Cynthia Moreno Tuohy: "Conflict Resolution in Recovery and Relapse Prevention" offered something for everyone. Not being one who is particularly enamored with "Talking Heads", I found Cynthia's presentation, with the frequent use of role plays and other interactive material, to be both engaging and informative. As is usually the case with presentations of this quality, I was left with the feeling that more time on the subject matter was needed, and that, as an aside, it would be of benefit to complete the longer, more comprehensive course offered by NAADAC at some point. Be that as it may, the material presented should prove quite useful in my work with the addicted population, as well as in other clinical and life situations. I'm certain, based on the response of other attendees during and at the conclusion of the presentation, that they share my sentiments with regard to this. All in all, my view is that the VAADAC annual meeting was a very successful one, for all the reasons mentioned

above. Kudos to all those involved in making it so.

Pain Management and Addiction

Mary McMasters, MD presented, Pain Management and Addiction, in the Central Region on March 25, 2009. The talk was packed with useful information. Each attendee received 4 handouts—62 pages of power point slides!

Dr. McMasters began by addressing substance abuse, addiction and diversion, noting statistics related to costs of substance abuse, trends in substance abuse in 12 -25 year olds, abuse of pain medications with adverse consequences, as well as a brief overview of the brain chemistry of substance abuse.

The next section of the talk, Definitions and Psychopathology, defined different kinds of pain, additional discussion of related brain chemistry, and finished with a look at the role of genetics in addiction. Dr. McMasters then discussed pain treatment and addiction, including the World Health Organization Three Step Pain Relief Ladder, medication assisted addiction treatment (MAAT) for alcohol addiction, MAAT for opioid addiction, treatment of cocaine addiction with MAAT, as well as MAAT for nicotine addiction.

She delineated universal precautions for prescribing controlled substances and emphasized the need for physicians prescribing pain medication to use urine drug screening as a routine part of their

practice. The session wrap up consisted of several case presentations, with Dr. McMasters asking the group their clinical opinions.

Around The State

Southwest Region

Planning is underway for a presentation on Buprenorphine. The presentation will be free to VAADAC individual members and open to nonmembers for a fee. Check for updates at: www.naadac.org/va , under Virginia Upcoming Events.

Northern Region

“Youth Gone Wild” was co-sponsored by the Northern Region of VAADAC and Vanguard and presented on March 25, 2009.

Central Region

The Central Region of VAADAC, in conjunction with other community groups, is planning a September 19, 2009 walk celebrating Recovery Month. The walk will be held in Fishersville, Virginia. (See Upcoming Events listing in this newsletter).

Southwest Region

Pattie Schneeman did an excellent training on Ethics and Boundaries in the Workplace on March 18, 2009. Forty-two individuals attended.

About Our Members

John Haywood, Director of Newport News Drug Court Program and Staff
Recognized by National Association of Drug Court Professionals



From left to right, Newport News Drug Court Staff : Patricia Freeman (casemanager), Jancie Petty (Therapist), Tashima Harris (Therapist), John Haywood (Administrator), seated Nicole McDonald (secretary) and Gloria Eley-Epps (Clinical supervisor)

John Haywood, administrator of the Newport News Drug Court Program, and his staff received national recognition by the National Association of Drug Court Professionals as well as team of the quarter by their CSB. An article in the NADCP Spring edition discussed the extraordinary efforts of the drug court team's active participation in the community.

Mr. Haywood notes, “The staff tries to make the Newport News residents aware of what we do in the community. The program staff goes beyond the call of duty.”

Patrice Porter Receives the 2009 Central Valley Counselors Association Community Counselor of the Year Award

The Central Valley Counselors Association (CVCA) awarded Patrice Porter the organization's 2009 Community Counselor of the Year Award at the annual recognition breakfast held at the Village Inn in Harrisonburg. The award is given to a member of the counseling profession who supports the goals of the association and the counseling profession. Heather Driver, CVCA President, presented the award and applauded Patrice for her great reputation in the community and outstanding networking skills. "Patrice is a very warm and caring person and a great role model for counselors" stated Driver and "She is very responsive to the training needs of the professional counseling community".



Heather Driver (CVCA President), Patrice Porter

Ms. Porter is active in a number of professional organizations. She is the Central Region President of the Virginia Association of Alcoholism and Drug Abuse Counselors and Chair of the 2009 Virginia Summer Institute for Addiction Studies.

Patrice thanked her colleagues for inspiring and honoring her and said: "It is an incredible experience to be with your colleagues and to feel their over-the-top enthusiasm about their work, their compassion, and to see their selflessness in action". --- Article written by a VAADAC member.

In The Lens



Cynthia Moreno Tuohy presents "Conflict Resolution in Recovery and Relapse Prevention"

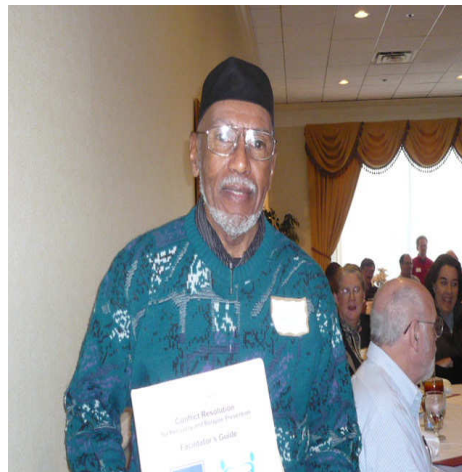




Cynthia Moreno Tuohy,
Executive Director of NAADAC, presents
NAADAC Certificate of Appreciation to
Jennifer Johnson,
Outgoing President of VAADAC



Ron Pritchard, incoming VAADAC
president, receives VAADAC President's
hat, a "Tyrant Crown", and gavel from
Jennifer Johnson



Charles Broadfield wins a copy of the
Conflict Resolution Training Manual



By-Lines

If you wish a by-line, please submit the
article title along with your name.

Change in Your E-Mail Address

Please write Donna Croy, Director of
Membership Services, at
dcroy@naadac.org to update your
address with NAADAC as well as
VAADAC. (VAADAC will receive your
address with the next NAADAC update.)

Special Thanks to 2009 VAADAC Annual Member's Meeting Sponsors

Bronze

Riverside Behavioral Health Center
Alliance for the Prevention and
Treatment of Nicotine Addiction
Vanguard Services Unlimited

Lunch

Williamsburg Place & The
Farley Center

Silver

Remuda Ranch
Reckitt Benckiser
Father Martin's Ashley

Reminders

Submitting Articles

If you would like to submit a newspaper
article or an article that you have written
yourself such as articles on current topics
of interest, trends in counseling, or book
reviews to VAADAC VIEWS for
publication, contact
VAADACcentral@embarqmail.com

Upcoming Events

- May 15- 16, 2009 **Annual Board Retreat**
- July 20-22, 2009 **Virginia Summer Institute for Addiction Studies**
- Location:**
Williamsburg Hospitality House
Williamsburg, Virginia
- Registration:**
www.vsias.org
- July 30, 2009 **Deadline:**
Submission for VAADAC VIEWS
(Summer Edition)
- September 19, 2009 **Recovery Walk**
A Recovery Month Activity
- Location:**
Fishersville, Virginia
Augusta Medical Center
- Time:**
Registration: 9:00 AM
Walk: 9:30 AM
- October 1, 2009 **Deadline:**
Submission to VAADAC VIEWS
(Fall Edition)
- December 1, 2009 **Deadline:**
Submission to VAADAC VIEWS
(Winter Edition)
- March 26, 2010 **Annual Member's Meeting**
- Training:**
To Be determined
- Hours of Education:**
To Be Determined
- Schedule:**
Registration on site:
8:30-9:00 AM
- Event:*
(Presentation, Lunch, Awards)
9:00 AM – About 3- 4 PM
End Time To Be Determined
- Cost:**
Free to individual members

Location:
Marriott
50 Kingsmill Rd
Williamsburg, Va
1-757-220-2500

VAADAC 2009 Sustaining Members

Alliance for the Prevention and Treatment of Nicotine Addiction

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Harrison House of Virginia

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Inova Comprehensive Addiction Treatment Services

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Life Recovery Program

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Opioid Treatment Center Human Resources Inc.

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VAADAC 2009 Sustaining Members

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Riverside Behavioral Health Center

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SAARA of Virginia, Inc.

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