

# VAADAC VIEWS

Virginia Association of Alcoholism & Drug Abuse Counselors,  
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 23 No 2  
Spring 2010

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Patrice Porter:  
[VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com)

### Advertising:

VAADAC VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

## 5000 New Professionals Needed Yearly?

Back in 1994 one researcher predicted a need to hire 5000 new Addiction Professionals every year to replace the aging workforce by 2010. At any given time 20 million people in America need treatment, but only 25% can access treatment. We need to do better to meet the recovery needs of the public. Is it simply to come up with 5000 more Addiction Professionals or make it easier for people to get access to treatment?

How would we as a profession get more people in the field? We could require all medical doctors, psychologists, and social workers to experience treatment interventions for substance use issues in their field work. Even with that effort, low salaries roadblock recruiting Addiction Professionals. Lobbying for more parity for substance use could increase funding streams that could enhance salaries and create more programs for Addiction Professionals. With the current economic outlook it will be unrealistic to wish for any increased revenue for unmet treatment needs.

Where are the youth in the Addiction Profession Field? The average age of the new Addiction Professional tends to be around 37

years old. We need to reach out to the youth to have young people replace the graying of our profession. Traditionally entry level Addiction Professionals choose to work in the field often because of personal or family experiences with substance use issues.

Over the last 12 years I have worked in the field of outpatient and inpatient treatment of addiction. I have seen changes in the ages of my patients. Typically in the late 1990's I rarely had a person in their 20's in my IOP group. By 2005 I had mostly people in the 20's in my group. With adolescents more often they have been to NA or AA meetings, sometimes with sponsored 12 step work. How often have your patients told you they want to be a drug counselor after successful treatment? We may be missing opportunities with our youth who may gravitate toward a career as an Addiction Professional.

What do you see young people spending time with, cell phones, computers, texting, etc..? Our past approaches should be evolving with the trends. It may be possible to meet more of the treatment demands by online and mobile phone tools. Efforts in this mode of communication could reach out to help recruit or assist youth to increase the likelihood that they

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pursue a career as an Addiction Professional. This could be one way for the youth to take over for the graying Addiction Professional.

One recent National Institute on Alcohol Abuse and Alcoholism (NIAAA) has begun a five year program to see if cell phone and online usage can be effective and lower the cost for treatment for addiction. On the other hand, people use these devices to maintain their addictions so why not use them to maintain their recovery? Two of these programs can be reviewed at [www.innovationforrecovery.com](http://www.innovationforrecovery.com) in the states of Illinois and Massachusetts. Another slightly different social networking program is based right in our own back yard, [www.thesecondroad.org](http://www.thesecondroad.org) in Charlottesville, Virginia. It has been reported in a recent study that "...Internet-based chemical dependency treatment fared well compared to traditional face to face counseling..."

I am cautious to follow trends, but I have learned to adapt somewhat in the way I approach the emerging youthful patients over the last 15 years. This is not the same world as it once was when many graying Addiction Professionals first started and walked the path to help people with addiction. The way people communicate, send and receive information for recovery is transforming.

Our proven effective methods may need to be transformed in different ways to

meet the treatment demands for millions of Americans.  
---article by Paul D. Harmon, LPC,  
LSATP  
[paul@paulharmonlpc.com](mailto:paul@paulharmonlpc.com)

#### References

Kaplan, L. (2003) Substance abuse treatment workforce environment scan. (Danya Institute, Inc. pp. 10) U.S. Department of Health and Human Services.

Raths, D. Trends that are transforming the field. Addiction Professional 2009; 7: 18-24.

### **Jennifer Johnson Awarded 2010 Walter Kloetzli Award**



Jennifer Johnson, Past President of VAADAC was awarded the Walter Kloetzli Award, which is awarded to "a VAADAC member who has served at the chapter, regional or state board level and who has demonstrated extraordinary

dedication in advocating for the addiction profession and VAADAC."\*

"Jennifer is an exemplary leader in the field of addictions treatment and has provided guidance and support to substance abuse counselors and our clients for many years.

Ms. Johnson is the Program Coordinator for the Living in Freedom Everyday (LIFE) Recovery Program at Rockingham Memorial Hospital in Harrisonburg, a position that she has held since 1998. A colleague at the hospital recently said "I can't think of another individual working in the field more deserving of this award".

Jennifer is well known for her depth of knowledge about alcoholism and drug addiction, passionate belief in the recovery process, tireless efforts to expand treatment options for persons with addictive disorders, and sense of humor. She works hard to bring new counselors into the field and is a wonderful role model and mentor.

Ms. Johnson is a strong advocate for the addiction professional in Virginia."

She has served on the VAADAC Board of Directors for ten years "... most recently as President. She also served at the national level, advancing our position through countless public policy initiatives. Cynthia Moreno Tuohy, NAADAC Executive Director, described Jennifer this way: "Even when Jennifer was ill she worked beyond her physical capacity to make sure that the VAADAC members were

served. She has shown tireless dedication throughout many years.”

\* Excerpt from the VAADAC By-Laws

--- article by the nominator

## **Gabe Morgan Awarded 2010 Citizen of the Year**



The Citizen of the Year award is awarded to the “person who has made significant contribution to the field of addiction and is not employed in addiction counseling”.

Gabe Morgan “... demonstrates extraordinary dedication in helping individuals become drug free while incarcerated and in the community. He is an integral part of the on-going substance abuse services provided by the jail and programs in the community and is well respected by his colleagues as well as the community. He presently has partnered with the Newport News Drug Court to provide drug screen monitoring and encourages his staff

do learn as much about drug abuse as possible.

In December of 2008, the Adult Detention facility (a.k.a. Jail Annex) opened to help alleviate crowding in the main jail and serve as a rehabilitative facility. One of the programs was the Inner Reflections drug program for men and women. The renovation of the former juvenile detention facility first required appealing to state legislators to lift a jail expansion moratorium. Then he worked diplomatically with city council for funding.

He noted that the major components leading to incarceration are under education, under employment and substance abuse. He educated the powers that the best way to combat the problem is to reach young people and steer them in the right direction and to provide substance abuse treatment. He allows individuals that are in long term recovery to chair NA meetings in the jail. It is also essential to expose those already incarcerated to corrective programs. Inmates are being reached in large numbers educationally thanks to Gabe Morgan. He encourages his staff to focus on substance abuse treatment and GED classes. The year prior to him taking office, there were only seven inmates who earned a GED. The Sheriff ensured the program was revamped. In 2006, 23 inmates earned a GED. In 2007, that number increased to 47. The GED pass rate continued to hold around 65% 2008 and 2009. In 2009, 31 inmates earned their GED while behind bars. GED is one of 44 different classes

taught weekly at the City Jail and Jail Annex, including a number of programs aimed at overcoming substance abuse. More than 150 volunteers conduct the 44 different classes. He realizes that no education leads to drug use. One of the more innovative programs started at the jail is brick masonry. The construction industry is less biased when it comes to hiring people with a criminal record. It also affords an earning potential greater than many service industries.

Inmates will soon learn culinary skills by providing the local Meals on Wheels program. They will earn certification to work in the restaurant business upon their release from jail.

Work release was started as a pilot program with one female inmate. It has grown to as many as 50 eligible men and women. Most of the jobs were found by the Sheriff's Office as opposed to the inmate already having a job. Thousands of dollars in court costs and restitution have been paid down. Inmates are helping to pay family expenses by sending money home. To be involved in programs there must be a commitment to enroll in some form of drug treatment. Sheriff Morgan has a genuine passion for assisting young people. Morgan sits on the board of Girls, Inc., an organization that inspires girls to be smart, strong and bold.

He is also active with the Kappa League, devoted to helping young men grow and develop their leadership talents. Sheriff Morgan is also involved in People to People. In fact, in April of 2009, People to

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People gave Morgan its "HERO Award" for his devotion to strengthening race relations and championing the needs of young people.

"Class Action: Reducing Gangs in Virginia" is an educational curriculum sponsored by the Commonwealth of Virginia Office of the Attorney General and taught to elementary students by deputy sheriffs with the Newport News Sheriff's Office. There is no funding for this anti-gang program. Deputies volunteer to teach it at all 26 elementary schools across Newport News.

Deputies are also instructing children on life skills and serving as mentors at a middle-high school developed to serve at-risk youth. "Life Skills" is an approved eight-week course which replaces D.A.R.E. in the city's elementary schools. An Achievable Dream Academy relies on deputies to offer guidance to its students who are growing up in the city's most crime ridden community. A team of deputies start each school day with uniform inspection and interaction with pupils.

Sheriff Morgan's community involvement is widespread. He is the Chairman of the Southeast Community Weed and Seed initiative, weeding out blight and crime in a designated area and seeding it with promising new opportunities. He organized meetings for the Weed and Seed program to focus on substance abuse and re-entry. Mental illness and Substance abuse and its impact on incarceration rates

were another complicated issue that Morgan addressed. The jail continues to see a very high percentage of inmates in need of mental health services, especially as beds at mental hospitals are being eliminated. In 2008, Morgan partnered with the Hampton-Newport News Community Services Board (CSB) to acquire a Mental Health Jail Diversion Grant to better serve this population. We now have professional health care workers assigned directly to the City Jail. They have the appropriate level of expertise to counsel and medicate these individuals. Services aimed at diverting the mentally ill away from jail and toward treatment continue on the outside once a person is released from jail.

In addition to having mental health care providers and Substance Abuse professionals stationed at the jail, Sheriff Morgan is working with CSB to systematically have his deputies and nurses trained in intervention. Crisis Intervention Training, or CIT, has already helped resolve issues in the jail and in courtrooms.

At a recent CSB banquet, Sheriff Morgan was honored for efforts to expand services to those suffering from mental illness and Substance Abuse and for increasing community awareness of both diseases.

Morgan was also named by the Chief Justice of the Virginia Supreme Court to the Virginia Supreme Court's Commission on Mental Health Reforms. As a member of the commission, Morgan served as the committee chairman for Emergency Detention Orders

and Temporary Detention Orders. Morgan's committee took on increased importance after the Virginia Tech shooting. The work of his committee was submitted for legislative approval and was made law. He continues to participate on a transportation working group and is spearheading sweeping changes that will benefit law enforcement and mental health consumers alike."  
---Written by nominator, John Haywood

## 2011 Awards Nominations

November 1, 2010 is the deadline for nomination for the 2011 VAADAC awards. Please submit address your nominations to: Chair, VAADAC Nominations Committee at [paul@paulharmonlpc.com](mailto:paul@paulharmonlpc.com).

Awards qualifications are:

**"Counselor of the Year:** An active VAADAC member for the past year who is not a Board member, who has made outstanding contributions to the treatment and recovery of clients, has exceptional dedication to the field, and a high level of professionalism.

**Distinguished Service Award:** A person or organization distinguished by outstanding contributions in the field of addiction and recovery (award limited to one per year). Current members of the Association Board are not eligible for nomination.

**Citizen of the Year Award:** A person who has made significant contribution to the field of addiction and is not employed in addiction counseling.

**Walter Kloetzli Award:** This award is in honor of Walter Kloetzli, a long time VAADAC member and past President of VAADAC, who has spent the better part of three decades advocating on behalf of addiction professionals and those in their care. His relentless pursuit of appropriate support and recognition for substance abuse professionals has been unmatched and integral to the growth and development of VAADAC and the profession. The recipient of this award will be VAADAC member who has served at the chapter, regional or state board level and who has demonstrated extraordinary dedication in advocating for the addiction profession and VAADAC.”  
--Excerpt from VAADAC By-Laws

## VAADAC Bylaws Changes

During the business meeting of the 2010 Annual Members Meeting, the following changes were made the VAADAC Bylaws:

Strategic Planning (Article VII, Section 5, Letter K) add "Developing Board Strategic Plan, reviewing and updating yearly at the Board Retreat" Added to Board list of responsibilities.  
Committees (Article X):  
Committees to meet the goals of the Strategic Plan developed at the BOD Retreat will be designated and chaired by a member of the BOD to accomplish designated responsibilities that lend to achievement of the VAADAC Strategic Plan. Reports of

accomplishments and on-going objectives will be provided to Membership at the Annual Meeting, by the chair of each Committee."

All reference to the previous standing committees would be deleted and Committees would be determined by the existing Strategic Plan developed and updated at every yearly Board Retreat.

Policies and Procedures. (Article XV): "These bylaws shall be the foundation of all activities conducted by the Association in pursuit of its goals and objectives. The Board will direct the Secretary to maintain established policies and procedures to effect the conduct of association business. These policies shall be the domain of the Board as approved by the Executive committee and/or Board and presented to the Membership at the Annual Meeting."

Stipulates the use of Policies and Procedures by the Board and reporting to the Membership of these Policies.

## Congratulations to VSIAS Registration Winners!

A random drawing was held during the Annual Members Meeting. Mae Bethea and Doug Gover each won a free registration to VSIAS 2010. Four more free registrations will be given to individual VAADAC members. See details on the VAADAC Web page, under VAADAC Upcoming Events.



## DSM V Proposed Changes for Substance Related Disorders

There are significant proposed changes to the DSM V related to diagnosis of Substance Related Disorders. To view the proposed changes go to:  
<http://www.dsm5.org/ProposedRevisions/Pages/Substance-RelatedDisorders.aspx>

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## Many Thanks to the VAADAC 2010 Annual Members Meeting Sponsors

When you next see our Annual Members' Meeting Sponsors, please thank them for sponsoring our 2010 VAADAC Annual Members Meeting.

### Silver Sponsors



*Barry Robinson Center*



*Alliance for the Prevention and  
Treatment of Nicotine Addiction*

### Lunch Sponsor

*Williamsburg Place*

## Update Your Colleagues

Have you presented at a conference? Have you had any counseling related materials published? Do you know a VAADAC member who has presented at a conference or will do so?

Please send VAADAC Views this information so that our membership knows the professional work that our colleagues are doing.

## Around the State

### Northern Region

The Prince William Chapter in the Northern Region is planning monthly one hour trainings from 12:00 Noon until 1:00 PM on a variety of topics.

The presentations take place on the last Friday of every month through June, on the last Thursday of the month from July through October, with no meetings in November and December due to the holidays.

For further details, see Upcoming Events.

### Southeastern Region

VAADAC sponsored a National Alcohol Screening Day on April 21 in Newport News. The event was free and provided the opportunity to take a written self-assessment, ask questions, and talk to a health professional.

Plans are underway for September 2010 Recovery Month activities. Check your e-mail and the VAADAC website for updates.

### Central Region

The Central Region is planning a Smoking Cessation training 8/13/10 in Staunton.

The Central Region is also busy planning Recovery Month activities for September.

Check your e-mail and the VAADAC web site for details as the planning progresses.

## Reminders

### Submitting Articles

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAADAC VIEWS for publication, contact:

[VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com)

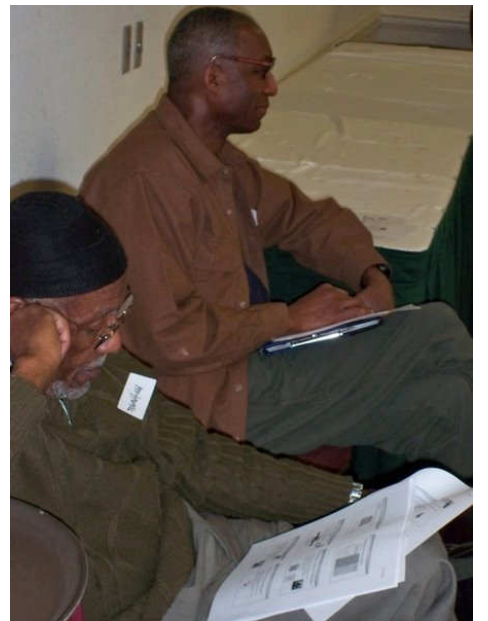
### By-Lines

If you wish a by-line, please submit the article title along with your name. By-lines consist of name and your credentials. If desired, your e-mail address can also be listed.

### Change in Your E-Mail Address

Please write Donna Croy, Director of Membership Services, at [dcroy@naadac.org](mailto:dcroy@naadac.org) to update your address with NAADAC as well as VAADAC.

# In The Lens







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# Upcoming Events

## April 30, 2010

### Prince William Chapter VAADAC Brown Bags

**Training:**

Bio-Feedback in Substance Abuse Treatment  
By Donna Creasey, LPC, LMFT, BCIA-EEG

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary  
Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00  
Non VAADAC Members: \$5.00  
No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT  
IOP Group Room 2  
8680 Hospital Way (Directly behind the ER)  
Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT  
803-369-1-92 Alma Coffer

## May 28, 2010

### Prince William Chapter VAADAC Brown Bags

**Training:**

Substance Abuse Treatment in Georgetown South  
By Brian Coe

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary  
Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00  
Non VAADAC Members: \$5.00  
No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT  
IOP Group Room 2  
8680 Hospital Way (Directly behind the ER)  
Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT  
803-369-1-92 Alma Coffer

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## June 25, 2010

### Prince William Chapter VAADAC Brown Bags

**Training:**

ASAP Update

By Kim Peele, Director of Bull Run ASAP

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary

Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT

8680 Hospital Way (Directly behind the ER)

Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT

803-369-1-92 Alma Coffey

## July 19, 20, 21, 2010

### Virginia Summer Institute for Addiction Studies

**Theories, Tools and Techniques:****Implementation Strategies for the 21st Century**

Register now at: <http://www.vsiias.org/>

## July 29, 2010

### Prince William Chapter VAADAC Brown Bags

**Training:**

Ethics for Substance Abuse Counselors, Part I

By Patti Schneeman

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary

Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT

IOP Group Room 2

8680 Hospital Way (Directly behind the ER)

Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT

803-369-1-92 Alma Coffey

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## August 13, 2010

### Central Region VAADAC

**Training:**

Tobacco Cessation

By Janis M. Dauer, MS, CAC

**Hours of Education:**

AM training 2.0 hrs

PM training 4.0 hrs.

**Schedule:**

Preregistration Necessary

Registration on Site

Lunch on your own.

**Event:**

Times to be Determined

**Cost:**

VAADAC Members: FREE

Non VAADAC Members: \$20 Morning Training

\$40 Afternoon Training

**Location:**

Valley Community Services Board

Further Location to be Determined

Staunton, Va

**Parking:**

Information to Follow

**Contact:**

Watch for an e-blast and look

On the VAADAC Web page under Upcoming Events

## August 26, 2010

### Prince William Chapter

#### VAADAC Brown Bags

**Training:**

Ethics for Substance Abuse Counselors, Part II

By Patti Schneeman

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary

Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00

Non VAADAC Members: \$5.00

No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT

IOP Group Room 2

8680 Hospital Way (Directly behind the ER)

Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT

803-369-1-92 Alma Coffey

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## September 30, 2010

### Prince William Chapter VAADAC Brown Bags

**Training:**

Ethics for Substance Abuse Counselors, Part III  
By Patti Schneeman

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary  
Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00  
Non VAADAC Members: \$5.00  
No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT  
IOP Group Room 2  
8680 Hospital Way (Directly behind the ER)  
Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT  
803-369-1-92 Alma Coffey

## October 28, 2010

### Prince William Chapter VAADAC Brown Bags

**Training:**

Women's Recovery Project at PWV CS  
By Karen Raymond, LPC

**Hours of Education:**

1

**Schedule:**

No Preregistration Necessary  
Registration on Site

**Event:**

12:00 – 1:00 PM

**Cost:**

VAADAC Members: \$1.00  
Non VAADAC Members: \$5.00  
No charge to attendees if CEU's not needed

**Location:**

Prince William Hospital CPAT  
IOP Group Room 2  
8680 Hospital Way (Directly behind the ER)  
Manassas, Virginia 20110

**Parking:**

Large parking lot in front of the Center for Psychiatric and  
Addiction Treatment

**Contact:**

703-369-8403 CPAT  
803-369-1-92 Alma Coffey

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## VAADAC Sustaining Members

### **Bridging The Gaps, Inc.**

Stan Stokes, MS, LPC, CCDC  
423 W. Cork Street  
Winchester, VA 22601  
540-535-1111  
540-450-1205 FAX  
[Stan.stokes@bridgingthegaps.com](mailto:Stan.stokes@bridgingthegaps.com)

### **Eastern Shore CSB**

Shenay Wharton  
PO Box 1330  
Parksley, VA 23421  
757-665-1260  
757-665-4184 Fax  
[swharton@escsb.org](mailto:swharton@escsb.org)

### **Harrison House of Virginia**

Steve Crow  
5105-Q Backlick Road  
Annandale, VA 22003  
703-256-6474  
703-256-1596 Fax  
[HHouse5105@aol.com](mailto:HHouse5105@aol.com)

### **Opioid Treatment Center**

Karen D. Rose, Executive Director  
15 W Clay Street  
Richmond, VA 23220  
804-644-4636  
804-648-4301 Fax  
[Karenr@hricorp.org](mailto:Karenr@hricorp.org)

### **Pathways Treatment Center**

Brent McCraw, Director  
3300 Rivermont Avenue  
Lynchburg, VA 24503  
434-200-4455  
434-200-7467 Fax  
[Brent.mccraw@centrahealth.com](mailto:Brent.mccraw@centrahealth.com)

### **Richmond IOP, PLC**

Gail E. Santarelli, LPC  
10049 Midlothian TnPk. Suite B2  
Richmond, VA 23235  
804-320-8032  
804-323-0602 Fax  
[Richmond IOP@aol.com](mailto:Richmond IOP@aol.com)

### **SAARA of Virginia, Inc.**

Mark Blackwell, Executive Director  
306 Turner Road, Suite P  
Richmond, VA 23225  
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804-762-4333 Fax  
[director@saara.org](mailto:director@saara.org)  
[markb@saaracenter.org](mailto:markb@saaracenter.org)

### **The Counseling Center, LLC**

C. Dianne Taylor, LPC  
2211 Executive Drive  
Hampton, VA 23666  
757-826-4600  
757-826-4617 Fax  
[dianne@thecounselingctr.com](mailto:dianne@thecounselingctr.com)

### **The Farley Center at Williamsburg Place**

Gina de Peralta Thorne  
5477 Mooretown Road  
Williamsburg, VA 23188  
757-565-0106  
757-565-0620 Fax  
[gthorne@farleycenter.com](mailto:gthorne@farleycenter.com)

### **Western Tidewater CSB**

Teresa Wulf, LCSW  
5268 Godwin Blvd.  
Suffolk, VA 23434  
757-255-7123  
757-255-7162 Fax  
TWulf@wtcsb.org

### **Wilmington Treatment Center**

Ida Adams  
219 Cornell Drive  
Newport News, VA 23608  
Also  
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910-815-3334  
910-762-7966 FAX  
[manderson@crchealth.com](mailto:manderson@crchealth.com)