

# VAADAC VIEWS

Virginia Association of Alcoholism & Drug Abuse Counselors,  
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 22 No 1  
Winter 2009

## VAADAC Board

|                  |                 |
|------------------|-----------------|
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### Contact information:

Jennifer Johnson, President  
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Richmond, VA 23260  
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f: 804.861.5625  
[jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)

[www.naadac.org/va](http://www.naadac.org/va)

### Contact the VAADAC VIEWS Editor:

[VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com)

### Advertising:

VAADAC VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

## VAADAC Positions

The Board is continuing to take nominations for positions on the Board of Directors. Deadline for notifying the Board is February, 28, 2009. Interested persons, please contact VAADAC President, Jennifer Johnson at [jjohnson@rhcc.com](mailto:jjohnson@rhcc.com) or [mjckjohnson@copper.net](mailto:mjckjohnson@copper.net) 540-564-5629

## Changes in Clinical Supervisor Qualifications

The following are Virginia Board of Counseling changes in professional counseling practice regulations regarding qualification requirements of those providing clinical supervision. Under 18VAC115-20-52. Residency. "Part C. Supervisory qualifications. A person who provides supervision for a resident in professional counseling shall:

1. Document two years of post-licensure clinical experience;
2. Have received professional training in supervision, consisting of three credit hours or 4.0 quarter hours in graduate-level coursework in supervision or at least 20 hours of continuing education in supervision offered by a provider approved under 18VAC115-20-106. Persons who have provided supervision for a residency prior to September 3, 2008 shall complete such coursework or continuing education by September 3, 2010; and
3. Shall hold an active, unrestricted license as a professional counselor, marriage and family therapist, substance abuse treatment practitioner, school psychologist, clinical psychologist, clinical social worker, or psychiatrist in the jurisdiction where the supervision is being provided. At least 100 hours of the supervision shall be rendered by a licensed professional counselor." ---Direct quote taken from --- Title of Regulations: 18 VAC 15-20-10 et seq., Statutory

Authority: §§ 54.1-2400 and Chapter 35 of Title 54.1 of the *Code of Virginia*, Revised Date: September 3, 2008

## Around the State

### Central Region

On March 25, 2009, *Pain Management & Addiction* will be presented by Mary G. McMasters, MD. This will provide 4 hrs of education.

The training will include:

- 1 hour-Basic science and epidemiology substance misuse disorders
- 1 hour- Basic pain medicine
- 1 hour- Differentiating between substance misuse disorders and chronic pain
- 1/2 hour- What to expect from a physician practicing safe pain medicine
- 1/2 hour- Treating substance misuse disorders

Registration on site is from 11:30 AM – 12 Noon, with the event taking place from 12 Noon – 4:00 PM. Attendees may bring their own lunch. . The cost is free to individual members, \$40 for nonmembers and \$20 for students. The event will be held in Staunton.

A preregistration flyer was sent to members via e-mail. For further information, contact [madeleine.dupre@cca.dmhmr.sas.virginia.gov](mailto:madeleine.dupre@cca.dmhmr.sas.virginia.gov)

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## **Southeast Region**

The Southeast Region is sponsoring a Black History Month Event. Information on African American Inventors and Inventions, Black Colleges and their origins, African Americans first in Law and Government will also be available.

Special information will be presented about Wendell Scott, the first African American professional race car driver for NASCAR. Participants can take a quiz, match each famous African American to the description of why they are famous, and win a prize. (See Upcoming Events for further information.)

## **Southwest Region**

Planning is underway for a presentation on Buprenorphine. The presentation will be free to VAADAC individual members and open to nonmembers for a fee. Check for updates at: [www.naadac.org/va](http://www.naadac.org/va), under Virginia Upcoming Events.

## **Northern Region**

“Youth Gone Wild” is an educational event co-sponsored by the Northern Region of VAADAC and Vanguard. Dr. Max Portrey, Special Agent Michael Sponheimer, and Robert Vilchez are the speakers. Gang awareness and prevention, current drug trends in the adolescent population, the adolescent brain and the nature of addiction will be presented.

The Northern Region is seeking individuals to represent that region and serve on the VAADAC Board or VAADAC committees.

## **Annual Member’s Meeting**

The Board is planning the Annual Member’s Meeting on March 13, 2009. Cynthia Moreno Tuohy, NCAC II, CCDC III, SAP, Executive Director of NAADAC will present 5 hours/5 CEUs of conflict resolution training. In order to provide 5 hrs of training, the meeting will end at 4:00 PM.

This meeting is free to individual members of VAADAC and will be held in Williamsburg.

## **Newport News Drug Treatment Court Program Celebrated its Tenth Anniversary**

The Newport News Adult Drug Court Treatment Program hosted a celebration of its Tenth Anniversary on Friday, October 17, 2008 at the Newport News City Center Conference Facility in Town Center.

The Newport News Adult Drug Court Treatment Program was established ten years ago in October of 1998, when the City of Newport News was awarded a two year federal drug court implementation grant by the U.S. Office of Justice, Bureau of Justice Assistance as part of a competitive grant process.

The Newport News Adult Drug Court Treatment Program was the first adult drug treatment court program established on the Virginia Peninsula and is one of twenty seven operational drug treatment court programs in the Commonwealth of Virginia. The drug court service delivery model is based on best practices in addiction treatment as defined by the National Institute of Drug Abuse including readily available treatment, counseling and other behavioral therapies, and frequent drug testing to monitor any use of drugs or alcohol.

The Newport News Drug Treatment Court Program receives a great deal of community support, not only from the Seventh Judicial Circuit Courts and Commonwealth Attorney’s office, but from the City of Newport News, the Newport News Sheriff’s Department, the Newport News Public Defender’s Office, the Newport News Police Department,

District 19 Probation and Parole, the Hampton-Newport News Criminal Justice Agency and the Hampton-Newport News Community Services Board. The Honorable Timothy S. Fisher presides as the drug court Judge following in the footsteps of the Honorable David F. Pugh, Chief Judge, the Honorable H. Vincent Conway, Jr., retired Judge Robert W. Curran and former Judge Verbena M. Askew, who was the first drug court Judge.

The Tenth Anniversary Celebration included a Proclamation of Recognition presented by the Honorable Mayor Joe Frank and keynote remarks by Honorable Catherine Hammond, from the 14<sup>th</sup> Judicial Circuit and is Co-Chair of the Statewide Drug Treatment Court Advisory Committee.

## **Loss of Recovery Opportunities?**

### **2009 Planned Closure of Only Child & Adolescent State Inpatient Psychiatric Facility**

The Governor released his proposed budget. It includes cuts that would end state inpatient psychiatric treatment for children and adolescents in Virginia. The plan involves closing all public child and adolescent inpatient psychiatric beds (Commonwealth Center for Children and Adolescents [CCCA] and 16 adolescent beds at Southwest Virginia Mental Health Institute SWVMHI) and allocating about \$2 million for private hospital beds.

The impact of this closure on Virginia's children, adolescents, their families, and their communities could be devastating. The plan has a number of serious shortcomings. First the amount of money allocated to community treatment is inadequate. What is allocated would cover only about 25% of our bed days, leaving 75% of our clients untreated

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(approximately 800 youth last year).

Second, the CCCA provides the safety net for youth who aren't served anywhere else. Private facilities simply do not accept many child and adolescent patients--not because of limitations in reimbursement or bed availability, but because they are seen as too high-risk. Facilities typically refuse admission to youth from DJJ/JDC facilities, youth with felony charges and/or highly aggressive behavior, or youth who have made threats to harm people in their schools or communities. There is no reason to think these facilities will start admitting these children and adolescents.

Additionally, many of the youth admitted to CCCA come directly from private facilities. They are sent to the CCCA because their insurance has been exhausted, because they have become too violent or dangerous, and because they are not ready to be discharged to the community.

It is also important to note that CCCA provides substance abuse treatment. The Office of Child and Family Services presented the 2008 Outstanding Service Award facility to the Substance Abuse Program of the Commonwealth Center for Children and Adolescents (CCCA) in 2008. In the words of Malcolm King, MS, CSAC "The recipient...is a program that is a leader and trailblazer in developing services for children and adolescents, especially adolescents impacted by substance use and mental health disorders....The program director and co-occurring disorder clinicians provide case consultation to the clinical teams across disciplines in the program as well as provide individual and group psychotherapy with adolescents, focusing on co-morbid disorders."

We ask you to actively challenge the Governor's budget proposal and encourage our legislators to consider the critical value of a state facility that

provides inpatient psychiatric treatment for children and adolescents.

## NAADAC Internships

Do you know a student who would benefit from having an internship with NAADAC? Four types of internships are available:

### "State Liaison Intern

The State Liaison Intern will assist with the development of deliverables for state associations of NAADAC, The Association for Addiction Professionals at the national level. These include programs for leadership development, strategic planning, marketing, and inventory of state licensing legislation, and assistant with a membership and grassroots advocacy campaign. Additionally the State Liaison Intern will assist with member services, conference planning and marketing and administration as needed. Those with an interest in public administration, or business administration, communication, non-profit management, and/or marketing should apply.

### Public Relations Intern:

The Public Relations Intern will assist the Director of Outreach and Marketing in performing outreach to internal and external groups. The intern will be involved with the production of *Addiction Professional* magazine and *NAADAC News*, NAADAC's publications with a circulation of 15,000. The intern will assist in the development of promotional materials for NAADAC events and work on media outreach, including the development of op-ed and news stories. The Public Affairs intern will also attend news

conferences and external meetings. This position will also assist with the development of information fact sheets for the use of NAADAC members and work with other internal departments to increase the awareness of NAADAC's programs and events. The intern will also assist with NAADAC website updates as needed.

### Government Relations Intern:

The Government Relations Intern will work directly with the Director of Public Policy in support of department activities including covering meetings on the Hill, working with members to develop grassroots strategies, responding to NAADAC members' queries regarding public policy initiatives, and supporting the work of the Director to develop awareness of the disease of addiction and its impact on the counselor and client.

### Education and Training Intern

The Education and Training Intern will work directly with the Education & Certification Administrator in certifying individuals who seek a national credential and assisting those who seek to maintain their credentialing. The Education and Training Intern will also review applications for organizations wishing to join NAADAC's Education Provider program, audit applications to ensure professional standards, distribute NAADAC products and resources and process and applications for those seeking the designation of Substance Abuse Professionals.

### *Desired Skills and Attributes for all interns:*

- An ability to work with people from diverse backgrounds

- Customer service experience
- An ability to work in a fast pace environment
- Excellent computer skills, including familiarity with Desktop publishing
- Internet Savvy
- A positive phone manner
- Excellent writing skills, and,
- An interest in addiction and its impact” ---information taken from the NAADAC web site

For further information, go to [www.NAADAC.org](http://www.NAADAC.org), look under the heading resources and then in the pull down menu, click on Job Bank.

## Highlighting VAADAC Sustaining Members

### Williamsburg Psychiatric Pavilion Project

Diamond Healthcare of Williamsburg, Inc. proposes to construct a 40-bed psychiatric hospital on the Williamsburg Place campus. Fifteen (15) of the beds will be adult and older adult psychiatric beds designed to meet the needs of the Williamsburg area population. Twenty-five (25) of the beds will be designed to meet the needs of the impaired professional population from throughout the United States with acute psychiatric illness including those persons who are dually-diagnosed.

### Impaired Professional Treatment Needs

Williamsburg Place and the William J. Farley Center are nationally-recognized for the treatment of impaired professionals with a substance abuse

diagnosis. As a substance abuse residential treatment facility, Williamsburg Place and the William J. Farley Center are not able to address the growing need for acute psychiatric treatment of those professionals whose primary impairment is a psychiatric illness. This population also includes persons who are dually diagnosed with both a psychiatric and accompanying substance abuse problem. The proposed project will provide this national population access to needed treatment services.

### Economic Impact of the Project

The proposed 40-bed psychiatric hospital will create approximately 50 new health care and related jobs for the area.

### Harrison House Celebrated 10 Years

Harrison House of Virginia, the day treatment and intensive outpatient program in Annandale commemorated ten years of operation in early January 2009. Founder and program director Steve Crow opened the doors on January 6, 1999 following an extensive career in the Northern Virginia area. Harrison House has now taken part in the treatment of over 2,500 clients between both the “modified residential” program and outpatient services. The program operates two gender specific homes with up to eight residents living in each that has kept the 28-day program alive and well.

Harrison House has also utilized some of the old therapeutic community principles in that the residents cook, clean and essentially govern the homes. The counselors provide day long group and individual therapy as well as assist in the oversight of the residences. Clients in the day program are evaluated by the staff psychiatrist, have privileges to work out daily, and attend a 12-step meeting in the nearby community every day. The families in the day treatment program are provided a weekly multi-family group and

counselors are available to conduct family meetings as necessary. Lastly, the residents have access to a complete workout facility that is included in the cost of the program.

Harrison House is planning a 10<sup>th</sup> anniversary celebration in the spring of 2009 to honor many of the people that have been associated with the success of the program. Collaborative programs, referral sources and those interested in finding out more about Harrison House will be welcomed to attend. Please visit the web site at [www.harrisonhouseofvirginia.com](http://www.harrisonhouseofvirginia.com).

## Reminders

### Submitting Articles

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAADAC VIEWS for publication, contact [VAADACcentral@embarqmail.com](mailto:VAADACcentral@embarqmail.com)

### By-Lines

If you wish a by-line, please submit the article title along with your name.

### Change in Your E-Mail Address

Please write Donna Croy, Director of Membership Services, at [dcroy@naadac.org](mailto:dcroy@naadac.org) to update your address with NAADAC as well as VAADAC. (VAADAC will receive your address with the next NAADAC update.)



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# Upcoming Events

February 24, 2009

## **Black History Month Event**

Sponsored by Southeast Region VAADAC  
Special information will be presented about Wendell Scott, the first African American professional race car driver for NASCAR.

Information on African American Inventors and Inventions, Black Colleges and their origins, African Americans first in Law and Government will also be available.

### **Event:**

5pm

### **Cost:**

Free

### **Location:**

Warwick SRO  
2410 West Ave.  
Newport News, VA

### **Further Information:**

(757) 247-2370

February 26, 2009

## **Deadline:**

VAADAC Board of Director positions  
(Secretary and Board Members)

March 13, 2009

## **Annual Member's Meeting**

### **Training:**

*Conflict Resolution in Recovery*  
Presented by  
Cynthia Moreno Tuohy, NCAC II, CCDC III,  
SAP, Executive Director of NAADAC

5 hours of education

### **Schedule:**

*Registration on site:*  
8:30-9:00 AM

### *Event:*

(Presentation, Lunch, Awards)  
9:00 Am – 4:00 PM

### **Cost:**

Free to individual members

### **Location:**

Marriott  
50 Kingsmill Rd  
Williamsburg, Va  
1-757-220-2500

March 20, 2009

## **Further Information:**

[www.naadac.org/va](http://www.naadac.org/va)  
to download registration form  
contact Ron Mills at 276.403.5340 or  
[rmills@pedmontcsb.org](mailto:rmills@pedmontcsb.org)

March 25, 2009

## **Deadline:**

Submissions to VAADAC VIEWS  
Spring Edition

## **Training:**

*Youth Gone Wild*  
Presented by  
Dr. Max Portrey,  
Special Agent Michael Sponheimer,  
Robert Vilchez

Continuing Education Hours

## **Sponsored by:**

Northern Region of VAADAC  
Vanguard

## **Event:**

8:30 AM – 4:30 PM  
Lunch Provided Free if registered by 03/13/09

## **Location:**

200 N. Glebe Road  
Arlington, Virginia 22203

## **Further Information:**

(703) 841-0703, Ext 301

March 25, 2009

## **Training:**

*Pain Management & Addiction*  
Presented by  
Mary G. McMasters, MD

4 Continuing Education Hours

## **Schedule:**

Registration on site:  
11:30 AM – 12 Noon

### *Event:*

12 Noon – 4:00 PM,  
Bring Your Own Lunch

## **Cost:**

Free to individual members  
Nonmembers: \$40

## **Location:**

Commonwealth Center for Children &  
Adolescents (CCCA), Staunton, Va  
Free On-Site Parking

## **Further Information:**

contact Madeleine Dupree,  
[madeleine.dupre@ccca.dmhmrzas.viginia.gov](mailto:madeleine.dupre@ccca.dmhmrzas.viginia.gov)

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## Upcoming Events

May 15- 16, 2009      **Annual Board Retreat**

June 1, 2009      **Deadline:**  
Submission for VAADAC VIEWS  
(Summer Edition)

September 1, 2009      **Deadline:**  
Submission to VAADAC VIEWS  
(Fall Edition)

December 1, 2009      **Deadline:**  
Submission to VAADAC VIEWS  
(Winter Edition)

**Fairfax-Falls Church**  
Will Williams  
3900 Jermantown Road  
Fairfax, VA 22030  
[Williamh.williams@fairfaxcounty.gov](mailto:Williamh.williams@fairfaxcounty.gov)

**Father Martin's Ashley**  
Lisa-Bucklund-Williams, Director of Marketing  
lbucklin@fmashley.com  
800-799-4673

**Gemeinschaft Home, Inc.**  
Jennie S. Amison, Executive Director  
1423 Mt. Clinton Pike  
Harrisonburg, VA 22802  
540-434-1690  
540-432-9479 FAX  
[jennia@gemeinschafthome.com](mailto:jennia@gemeinschafthome.com)

## VAADAC 2009 Sustaining Members

### Alliance for the Prevention and Treatment of Nicotine Addiction

Janis Dauer  
3557 Chesapeake Blvd. #1  
Norfolk, VA 23513  
757-858-9934  
757-858-8464 Fax  
[jdauer@aptna.org](mailto:jdauer@aptna.org)

### Bridging the Gaps, Inc.

Stan Stokes  
Sheri Lassiter, Marketing Manager  
423 W Cork Street  
Winchester, VA 23601  
540-535-1111  
540-450-1205 FAX  
[Stan.stokes@bridgingthegaps.com](mailto:Stan.stokes@bridgingthegaps.com)  
[Slassiter@bridgingthegaps.com](mailto:Slassiter@bridgingthegaps.com)

### Eastern Shore CSB

Shenay Wharton  
19056 Greenbush Road – PO Box 1330  
Parksley, VA 23421  
757-665-1260  
757-665-4184 FAX  
[swarton@escsb.org](mailto:swarton@escsb.org)

### Goochland-Powhatan Community Services

Bill Desmond  
3910 Old Buckingham Road  
Powhatan, VA 23139  
804-598-2200  
804-598-8710 FAX  
[bdesmond@co.goochland.va.us](mailto:bdesmond@co.goochland.va.us)

Hallmark Youthcare - Richmond  
Martin Short/Dir. Bus. Devel./Com. Relations  
12800 West Creek Parkway  
Richmond, VA 23238  
804-784-2200  
804-784-5331 FAX  
[martin.short@hallmarksystems.com](mailto:martin.short@hallmarksystems.com)

### Hampton-Newport News CSB

Patty Gilbertson  
300 Medical Drive  
Hampton, VA 23666  
757-788-0300  
757-788-0967 Fax  
[pattyg@hnncsb.org](mailto:pattyg@hnncsb.org)

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## VAADAC 2009 Sustaining Members

### Harrison House of Virginia

Steve Crow  
5105-Q Backlick Road  
Annandale, VA 22003  
703-256-6474  
703-256-1596 FAX  
[hhouse5105@aol.com](mailto:hhouse5105@aol.com)

### Inova Comprehensive Addiction Treatment Services

Joseph Dowd, Program Director  
3300 Gallows Road  
Falls Church, VA 22042  
703-776-7742  
703-776-7799  
[Joseph.Dowd@inova.com](mailto:Joseph.Dowd@inova.com)

### Pathways/Centra Health

Brent McCraw  
3300 Rivermont Avenue  
Lynchburg, VA 24503-2053  
434-947-4455  
434-947-7467 FAX  
[Brent.mccraw@centrahealth.com](mailto:Brent.mccraw@centrahealth.com)

### Life Recovery Program

#### Rockingham Recovery Hospital

Jennifer Johnson, Coordinator  
235 Cantrell Avenue  
Harrisonburg, VA 22801  
540-564-5629  
540-564-5823 FAX  
[jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)

### Riverside Behavioral Health Center

Cynthia Cotton  
2244 Executive Drive  
Hampton, VA 23666  
757-827-1001  
757-827-3161 FAX  
[vonnix.james@Rivhs.com](mailto:vonnix.james@Rivhs.com)

### SAARA of Virginia, Inc.

Mark Blackwell, Executive Director  
306 Turner Road, Suite P  
Richmond, VA 23225  
804-762-4445  
804-762-4333 Fax  
[director@saara.org](mailto:director@saara.org)

### VA Health Practitioners' Intervention Program

#### VCU Department of Psychiatry

Dr. Patricia Pade; Contact: Caroline Brown  
700 E Franklin Street, Suite 300 Tower  
Richmond, VA 23219  
804-828-1551  
804-828-5386 FAX  
[papade@vcu.edu](mailto:papade@vcu.edu)

### Virginia Hospital Center

#### Addiction Treatment Program

Kitty Harold, RN, LCSW  
1701 N. George Mason Drive  
Arlington, VA 22205  
703-558-6314  
703-558-6771 FAX  
[kharold@virginiahospitalcenter.com](mailto:kharold@virginiahospitalcenter.com)

### Western Tidewater CSB

Teresa Wulf  
5268 Godwin Blvd.  
Suffolk, VA 23434  
757-255-7123  
757-255-7162 FAX  
[twulf@wtcsb.org](mailto:twulf@wtcsb.org)

### Williamsburg Place & The Wm. J. Farley Center

Gina de Peralta Thorne  
5477 Mooretown Road  
Williamsburg, VA 23188  
(757) 565-0106  
(757) 565-0620  
[gthorne@farleycenter.com](mailto:gthorne@farleycenter.com)