

VAADAC VIEWS

Virginia Association of Alcoholism & Drug Abuse Counselors,
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 24 No1
Winter 2011

VAADAC Board

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Advertising:

VAADAC VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

An Addiction Counselor's Best Wishes for their Clients

Around the holidays, best wishes are sent near and wide to family and friends. What wish would an addiction counselor have for their clients?

If an addiction counselor could wish one thing for those approaching recovery or in recovery for addictions, an addiction counselor would wish them....

...the peace that comes with sobriety.

...the appreciation of nature now seen through sober eyes.

...the knowledge that you are loved and are loving.

...the renewal of spirit and joy of living each day to its fullness.

...feelings of safety and calm.

...healthy boundaries with family and friends.

...appropriate ways of expressing anger and disappointment.

...satisfaction in the little things of life.

...time for meetings and daily meditation in spite of the pace of the holidays.

...the ability to use the signs left by those who traveled before you on the Road of Recovery.

...the ability to truly feel the love of those who care for you.

...the peace of communion with your higher power at the center of your serenity.

...the belief that recovery is possible.

...the faith that recovery will bring great rewards.

...the willingness to persist in the face of obstacles. *—Contributions from the VAADAC Board*

VAADAC Annual Members Meeting March 18, 2011

Planning continues for this year's meeting. The goal of this year's education is to provide addiction counselors with knowledge of adjunct treatments for addictions.

Watch your in mailbox for the electronic pre-registration form for the 2011 Annual Member's Meeting. We look forward to seeing you there!

Why Attend VISAS 2011?

- 1) You continue to be updated with information necessary for your work as an addiction professional.
- 2) The 2011 Theme is: Virginia Summer Institute for Addiction Studies: Adapting to Change. What you will learn is pertinent to your future as an addiction professional.
- 3) VSIAS is a premiere conference.
- 4) VSIAS continues to be the most attended addiction conference in the Mid-Atlantic region.
- 5) Fees are reasonable and there are many opportunities for scholarships.
- 6) There is an excellent opportunity for networking and learning what others are accomplishing around this region.
- 7) You can earn 20 hours in 3 days, including the required 2 ethics hours training, if you attend the whole conference and attend two lunchbox sessions. That means that some will fulfill all your 2011 required hours for licensure renewal.
- 8) Need more reasons to attend? Go to www.vsiias.org
- 9) Can't attend without a scholarship? Contact a VAADAC board member.

Holistic Approaches to Addiction Counseling

Our clients have many needs. As addictions counselors, we recognize needs in all aspects of their lives. John Haywood, director of a drug court in Virginia, tries to consider all of these needs for his clients. Recently leisure, safety, and health needs were identified as a focus for recovery activities.

When considering leisure, holiday activities were identified as necessary for those in recovery as the holidays are often difficult for recovering persons. Drug court clients had the opportunity to participate in holiday decorating activities and one activity provided a prize for the "best looking door." Safety needs are also paramount. These were addressed by field trips to the local fire and Rescue department where clients learned about the Jaws of Life, 911 services, Ambulance and Fire truck operations, fire rescue information, as well as CPR.

Health needs will be addressed in the future by the local health department who will present four workshops addressing: Wellness, Understanding High Blood Pressure and Cholesterol, Dental/ Oral Hygiene as well as Community Resources, and Positive Parenting Skills.

Update Your Colleagues

Have you received an award? Do you know a VAADAC member who has received an award?

Please send VAADAC Views this information so that the accomplishments of our members do not go unrecognized.

Around the State

Northern Region

The VAADAC Board of Directors is recruiting candidates for Northern Region President.

Southeastern Region

The Southeast Region assisted with providing VAADAC's Display at the Annual Drug Court conference at the Marriott in Williamsburg.

Central Region

Please see upcoming events for final details of two free trainings planned for spring, 2011 in Staunton.

A two hour ethics training will be given by Kevin Doyle, Ed.D. LPC, LSATP, past president of VAADAC and past Chairman of Board of Counseling. His topic is an Overview of Ethics for Substance Abuse Treatment Providers in Virginia. He will present on March 31, 2011 from 12 noon -2 PM.

Carmen E. Greiner, MS, LPC, LSATP, MAC will present: Treating GLBT Clients: Advanced Issues on April 29, 2011. This

training will provide 3.5 hours of education.

The pre-registration forms will be e-blasted to the membership.

Southwestern Region

The President of the Southwest region identified her goal as determining the needs of her vast geographic region. To accomplish this, she has traveled and spoken to treatment providers, probation officers, Commonwealth's Attorneys, and judges as well as staff, clients, participants, and members of the community.

Her travels have taken her to Tazewell, Russell, Buchanan, and Dickenson County. She met the directors of the Cumberland Mountain CSB and Dickenson County CSB. She also attended drug court in Tazewell and Clintwood.

Reminders

Submitting Articles

Articles submitted may be edited for length and content. The maximum length of submitted articles is three-quarters of a page, single spaced.

Articles will not be printed with a recovering person's name, identifying data, or photograph without the person's written permission submitted to the editor with the related article. The name of treatment facilities or providers will not be printed.

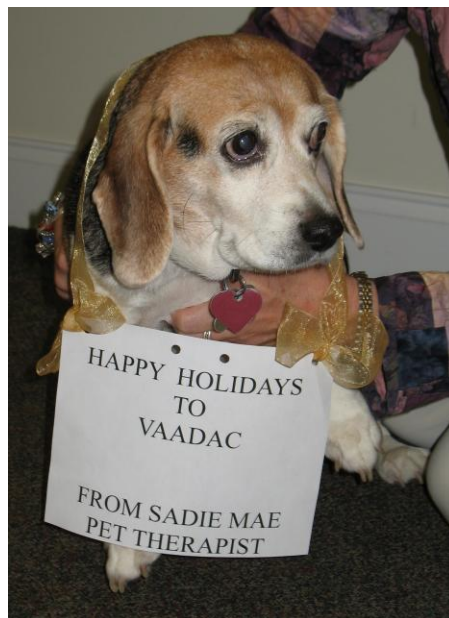
If you wish a by-line, submit your name, and credentials. If desired, your e-mail address can also be listed.

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAADAC VIEWS for publication, contact the editor, Patrice Porter at: VAADACcentral@embarqmail.com.

Change in Your E-Mail Address

Please write Donna Croy, Director of Membership Services, at dcroy@naadac.org.

In The Lens



Upcoming Events

March 18, 2011

Annual Member's Meeting

Training:
To be Determined

Hours of Education:
To Be Determined

Event:
AM - PM

Cost:
Free as a benefit to members

Location:
Kingsmill Marriott
50 Kingsmill Road
Williamsburg, VA 23185
(757) 220-2500

Parking:
Free on Site.

Contact:
See preregistration flyer.

March 30, 2011

Deadline:
Article submission for the Spring Edition, VAADAC VIEWS

March 31, 2011

Training:
Overview of Ethics for Substance Abuse Treatment Providers in Virginia

Presenter:
Kevin Doyle Ed.D., LPC, LSATP

Hours of Education:
2

Event:
12 Noon - 2 PM

Cost:
VAADAC Members: Free
Non VAADAC Members: \$25

Location:
Commonwealth Center for Children &
Adolescents
Staunton, Virginia

Directions:
www.ccca.dbhds.virginia.gov/

Parking:
Free on Site.

Contact:
Paul Harmon at 540 332-2109

April 29, 2011

Training:
Treating GLBT clients: Advanced Issues

Presenter:
Carmen E. Greiner, MS, LPC, LSATP,
MAC

Hours of Education:
3.5

Event:
1 PM - 5 PM

Cost:
VAADAC Members: Free
Non VAADAC Members: \$40

Location:
Commonwealth Center for Children &
Adolescents
Staunton, Virginia

Directions:
www.ccca.dbhds.virginia.gov/

Parking:
Free on Site.

Contact:
Paul Harmon at 540 332-2109

July 18-20, 2011

**Virginia Summer Institute for Addictions
Studies: Adopting to Change**

20 Contact Hours can be earned by attending
the entire Summer Institute.

www.vsias.org

July 30, 2011

Deadline:
Article submission for the Summer Edition,
VAADAC VIEWS

September 30, 2011

Deadline:
Article submission for the Fall Edition,
VAADAC VIEWS

December 1, 2011

Deadline:
Article submission for the Winter Edition,
VAADAC VIEWS

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