

VAAP VIEWS

Virginia Association of Addiction Professionals,
an affiliate of NAADAC, The Association for Addiction Professionals

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Fall 2014

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VAAP Web Address:

www.vaaddictionpros.org
www.naadac.org/va

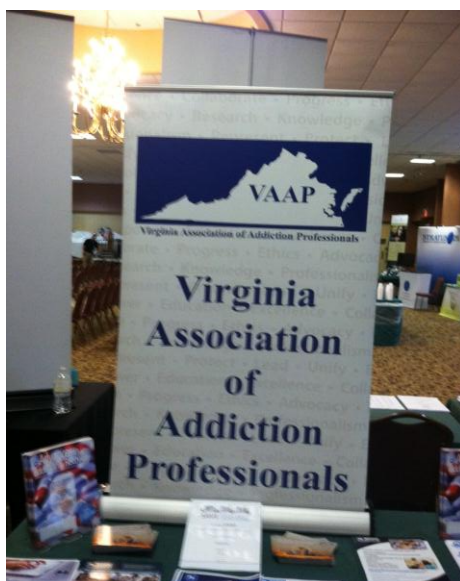
Contact the VAAP VIEWS Editor:

Denise Cooper:
Cooperd@rbha.org

ADVERTISING:

VAAP VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

*We ARE The Virginia
Association of
Addiction
Professionals!*



Want To Be Of Service?

You can serve on the Board of Directors!

Current Vacancies are below:

- *Southwest President*
- *Delegates at Large*
- *Secretary*
- *Treasurer*

Only one (1) year of consistent membership required for consideration as a member of the BOD.

Your expertise and input is valuable to the continued professional development of our peers and to help address changes in the addictions field. You also receive contact educational hours for your Board service and more!

Come and be a part of the planning, growth and development of the only Virginia organization dedicated to the support of individuals working in the addiction prevention and treatment field.

For more information please contact the BOD at:

www.vaaddictionpros.org



Avoiding the High In Higher Education

BY STEVE NIELSEN,
ED. D.

Many colleges and universities across the nation are confronting a perilous cocktail served every day on their campuses — the too-often deadly blend of students, alcohol and drugs. Long tolerated and often seen as a rite of passage, alcohol and drug use among college students has risen to a public health crisis of epidemic proportions. In a survey by the National Center on Addiction and Substance Abuse (CASA), half of all full-time college students acknowledged that they binge drink, abuse prescription drugs and/or abuse illegal drugs. With alcohol related poisoning the third leading cause of death among 18- to 24- year-olds, college administrators are beginning to establish programs that focus on early intervention.

A challenging time

The rapid transition from high school to college is one of the most challenging times in a teenager's life. Thrust into an independent lifestyle, students may for the first time be setting their schedules and monitoring their own behaviors as they seek to fit in with new peers, connect with social networks, begin pursuing career paths, and discover romantic interests. The lure to drink or abuse drugs is widespread on college campuses, especially for freshmen. Students who join fraternities and sororities or participate in campus athletics tend to be at even greater risk for excessive drinking because of the social norms among those groups. Some students may have untreated psychological issues. Others may be running

away to college to get away from home. Students who are lonely may turn to alcohol or drugs to cope. Resulting mortality rates are high, most often from motor vehicle accidents, alcohol poisoning, or hypothermia. One quarter of the college population are freshmen, yet they comprise one third of the college-age deaths related to alcohol and substance abuse.

Substance abuse

Binge drinking ranks as the number one way to abuse substances on college campuses in Central Virginia. Rates of dangerous drinking have increased locally and nationwide over the past several years. Across the nation, the proportion of students using marijuana has more than doubled, and in recent years, abuse of prescription drugs has exploded, with painkillers and stimulants at the top of the list. In the 2012 National College Health Assessment survey, nearly 20 percent of the students acknowledged that they had abused painkillers. As prescription recordkeeping systems are being monitored more closely, record numbers of students have turned to heroin, which is readily available on most campuses. Students find heroin cheaper than prescription painkillers, and it delivers a more potent and immediate high. Heroin abuse has also resulted in dramatic increases in overdoses and accidental deaths.

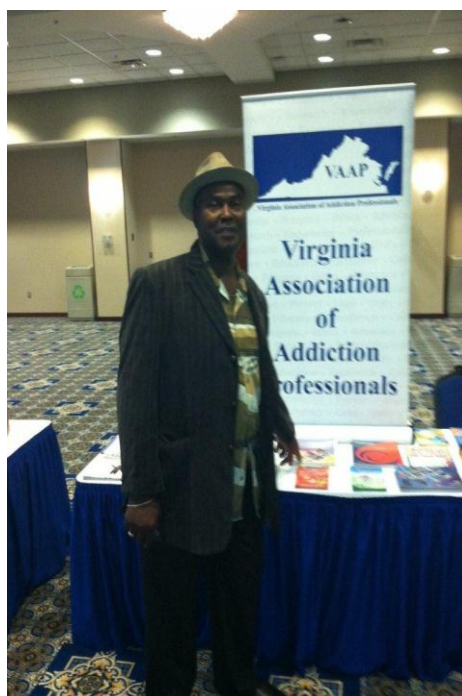
Solutions

Colleges and parents are gearing up to face the challenges of substance abuse, and research is leading the way. Studies have found that it is no longer the ideal strategy to encourage your children to go college and "find yourself" in the process. Rather, research suggests that young people who leave for college with specific career plans tend to stay on that path. They also make better decisions and surround

themselves with resilient, like-minded friends. In contrast, students whose parents encouraged them to enjoy the parties inherent to the college scene tend to be unfocused four years later and are more likely to be dealing with substance abuse issues. Colleges are employing responsive strategies ranging from freshman programming focusing on prevention and early intervention to dorms devoted specifically to students who are struggling with drug and alcohol problems. Recognizing that students are typically immersed in social media, some colleges are using computer-generated programs that anonymously interview students about their drinking/drug habits, and if excessive, provide individual online programs to help students build strategies for success. To offset the risks of alcohol poisoning and accidents, other schools require incoming freshman to attend classes on responsible drinking and encourage students to download apps that help them monitor the number of drinks they consume and caution them about the risks of impaired driving. College counselors also have stepped up their early intervention efforts to offset the rising tide of substance abuse. Counselors work closely with college deans to ensure that students being disciplined for alcohol misconduct are re-routed to counselors both on-campus and in the community who can assess the depth of the problem, teach life skills and help students formulate productive life goals. Special programs have emerged from college counseling centers to address the disproportionate substance abuse among fraternities, sororities and athletes. With non-confrontational goal-setting models in hand, colleges are creating opportunities for students to find support with groups like Alcoholics Anonymous, both on campus and online. Despite these developments, substance abuse among college

students remain a serious issue, and the battle is far from over. It is, however, encouraging to see the care networks developing among parents, community treatment centers, campus administrators and counselors as well as in the online community.

This article was originally published in "Mental Health Matters" September 2014 edition by Centra Mental Health Services and republished by permission.



NAADAC now has the only International Peer Support Specialist Certification!

Peer Recovery Support Specialist (NCPRSS)

Peer Recovery Support Specialists are individuals who are in recovery or have life experience from any life altering event or disruption. Their life experiences allow them to provide recovery support in such way that others can benefit from their experiences.

Purpose

The purpose of the Peer Recovery Support Credential is to standardize on a national level the competency of peer support to individuals with substance use - and co-occurring mental health - disorders. Through standardized testing and portfolio review, the [National Certification Commission for Addiction Professionals \(NCC AP\)](#) is able to set a benchmark for recognition of Peer Recovery Support Specialists and monitor the skills and abilities of those providing peer recovery supports. This experiential-based credential focuses on the individual and provides a formal indicator of the current knowledge and competence at the national level. This national standard encourages Peer Specialists to continue to learn for the welfare of clients and establishes measures and monitors requirements for knowledge in the position. The Peer Recovery Support Specialist provides assistance to employers, health care providers, government entities, other practitioners and the public in the identification of quality individuals who have met national competency standards.

For more information go to:

www.naadac.org/peer-recovery-support-specialist.

Fall Meet & Greet

Meet and Greet Advocacy

Information

Tuesday, December 2, 2014

6:00 – 7:30 pm

A Grace Place

8030 Staples Mill Road

Henrico, VA. 23228

(Corner of Staples Mill & Wistar Rd)

Advocacy Information will be discussed and how to participate in the January 2015 Virginia General Assembly Senate Finance and House Appropriations Committee public hearing.

Light refreshments will be served. Please call if you need support for your family member while you participate.

To RSVP, and for more information

Please contact:

Yvonne Russell

(804) 727-8514

Funding Opportunities

Title: Transforming Clinical Practices Initiative - Support and Alignment Networks

Description: Transforming Clinical Practices Initiative - Support and Alignment Networks will award funding for the establishment and operation of Support and Alignment Networks (SAN), which will offer support, technical assistance, and dissemination venues for Practice Transformation Networks. The aim of SAN is to promote best practices and models of care that are quality driven. CMS is particularly interested in funding networks that will ensure support from a robust number of practices willing to participate with the network, including a minimum of 20% of clinicians from small, rural and/or practices that serve medically underserved populations. Examples of the types of organizations expected to apply include medical professional associations, specialty societies, and organizations that are:

- Involved in generating evidence-based guidelines for clinical practice
- Promoting measurement through clinical registries and electronic health records
- Effectively incorporating safety and patient and family engagement

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Total Funding Available: \$30,000,000

Award Ceiling: \$3,000,000

Award Floor: \$1,000,000

Number of Awards: Up to 30

Closing Date for Applications:

Optional Letter of Intent due: November 20, 2014

Application due: January 6, 2015

Title: Transforming Clinical Practice Initiative - Practice Transformation Network (PTN)

Description: Transforming Clinical Practice Initiative - Practice Transformation Network (PTN) will provide funding to group practices, healthcare systems, and others that join together to provide clinician practices with quality improvement expertise, best practices, coaching and assistance. Practice Transformation Networks will work with a diverse range of practices, including those in rural communities and those that provide care for the medically underserved. The aim of these networks is to help clinicians move from volume-driven systems to value-based, patient-centered, and coordinated healthcare services. Strategies to improve care quality could include, but are not limited to:

- Giving doctors better access to patient information, such as information on prescription drug use to help patients take their medications properly

- Expanding the number of ways patients are able communicate with the team of clinicians taking care of them
- Improving the coordination of patient care by primary care providers, specialists, and the broader medical community
- Using electronic health records on a daily basis to examine data on quality and efficiency

Applicants must demonstrate pre-existing relationships with multiple clinician practices (primary care and/or specialists) that include data sharing capabilities. Examples of the types of organizations expected to apply are as follows:

- Health Systems
- Regional Extension Centers
- Quality Improvement Organizations
- Large Group Practices
- Regional and state-based Health Collaborations
- Hospital Systems

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Total Funding Available:
\$670,000,000

Award Ceiling: \$50,000,000

Award Floor: \$2,000,000

Number of Awards: Up to 35

Closing Date for Applications:

Optional Letter of Intent due:
November 20, 2014/Application due:
January 6, 2015

Title: Family-to-Family Health Information Centers

Description: This announcement solicits applications for the Family-to-Family Health Information Centers (F2F HICs or the Centers) Program. The purpose of this grant program is to provide information, education, technical assistance, and peer support to families of children and youth with special health care needs (CYSHCN) and professionals who serve such families.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Estimated Total Program Funding:
\$5,000,000

Expected Number of Awards: 51

Closing Date for Applications:

December 16, 2014

Title: Veronica Awards

Description: The Veronica Awards recognize outstanding direct service workers who have built transformational relationships with the people they serve. Winning nominations will be people who have made a lasting impact on the clients they work with. Self-nominations are accepted.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Closing Date for Applications:

November 26, 2014

Title: Choice Neighborhoods

Implementation Grant Program

Description: Choice Neighborhoods Implementation Grants support the implementation of comprehensive neighborhood revitalization plans that are expected to achieve the following three core goals: 1. Housing: Replace distressed public and assisted housing with high-quality mixed-income housing that is well-managed and responsive to the needs of the surrounding neighborhood; 2. People: Improve educational outcomes and intergenerational mobility for youth with services and supports delivered directly to youth and their families; and 3. Neighborhood: Create the conditions necessary for public and private reinvestment in distressed neighborhoods to offer the kinds of amenities and assets, including safety, good schools, and commercial activity, that are important to families; choices about their community.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Total Funding Available:
\$76,000,000

Award Ceiling: \$30,000,000

Award Floor: \$0

Number of Awards: 3

Closing Date for Applications:

February 8, 2015

Title: AmeriCorps State and National Grants FY 2015

Description: AmeriCorps grants are awarded to eligible organizations proposing to engage AmeriCorps members in evidence-based or evidence-informed interventions to strengthen communities. An AmeriCorps member is an individual who engages in community service through an approved national service position. Members may receive a living allowance and other benefits while serving.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Closing Date for Applications:

Optional Letter of Intent due:
December 10, 2014/Application due:
January 21, 2015

Title: Partnership for Urban MCH Leadership Community Cooperative Agreement

Description: This announcement solicits applications for the Partnership for Urban MCH Leadership Community Cooperative Agreement program. The purpose of this cooperative agreement is to support urban MCH leaders as they work to improve public health programs and the delivery of MCH services, and to assure optimal alignment with the transformed Title V MCH Services Block Grant program. For purposes of this funding opportunity announcement, urban MCH leaders are defined as leaders of MCH programs in any city or county health department having jurisdiction over one or more areas with populations of 100,000 or larger.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Total Funding Available: \$640,000

Award Ceiling: \$640,000

Number of Awards: 1

Closing Date for Applications:

January 9, 2015

Title: Research on Children in Military Families: The Impact of Parental Military Deployment and Reintegration on Child and Family Functioning

Description: The purpose of the NIH Research Conference (R13) Grant and NIH Research Conference Cooperative Agreement (U13) Programs is to

encourage interdisciplinary conferences and meetings to examine critical questions regarding the impact of parental military deployment, combat-related stress, and reintegration with the family on child social and affective development outcomes as well as on family functioning. The National Institute on Drug Abuse (NIDA) is interested in applications which focus on behavioral, cognitive, and neurobiological factors as antecedents to, or impacting on, consequences of drug abuse. Of particular interest are studies aimed at reducing drug abuse and addiction and its associated adverse social, behavioral, and health consequences. These research studies will target particular concerns of military families, especially the effect of military life on neurodevelopment and substance use outcomes for children.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Closing Date for Applications: September 8, 2015

Title: Nonprofit Training Resource Fund

Description: Grants from the TD Charitable Foundation Nonprofit Training Resource Fund will be awarded to eligible organizations for employees to attend approved classes and courses that will enhance their job performance. Funds may be used for classes and courses pertaining to the job the employee perform. Classes and courses may be one-day classes or part of a certification program. Conference attendance is not eligible for funding.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Closing Date for Applications: Ongoing

Title: American Psychological Foundation Seeks Applications from Early Career Psychologists

Description: The American

Psychological Foundation provides financial support for innovative research and programs that enhance the power of psychology to elevate the human condition and advance human potential, both today and for generations to come. Through its John and Polly Sparks Early Career grant program, the foundation will award one grant to an early career psychologist in support of research in the area of early intervention and treatment for serious emotional disturbance in children. Priority will be given to a project that has the potential to provide a model for broad-based applications across the country. The grant is meant to encourage early career psychologists to devote their careers to methods of intervention and treatment for serious emotional disturbance in children. Although APF does not allow institutional indirect costs or overhead costs, recipients may use the grant to cover direct administrative costs of their proposed project.

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Closing Date for Applications: May 15, 2015

Title: Virginia Health Safety Net Grants

Description: Most Virginia Health Care Foundation (VHCF) grants work to increase access to primary care for uninsured Virginians and those who live in areas with limited access to care. VHCF grants can be used to fund innovative approaches to communities' primary care needs or to replicate one of VHCF's Models that Made It. Funding focuses on projects that address one or more of these priorities:

- Developing or expanding patient capacity, including initiatives that will:
- Add a new primary care provider (medical, dental, mental health, pharmacist)
- Expand physical infrastructure
- Use technology to expand access
- Implement an innovative model of service delivery

- Establishing a broader scope of services by adding new primary care services to currently offered services, or using telemedicine to expand access to an underserved area
- Creating local, coordinated systems of care
- Strengthening infrastructure of the health safety net including the following types of projects:

- Technology planning and implementation
- Electronic medical records
- Organizational assessment

Link to Full Announcement: [LINK TO FULL ANNOUNCEMENT](#)

Closing Date for Applications:

Letter of Intent due January 23, 2015/Application due: March 6, 2015

Please contact the Value Options Grants Management Practice with questions or for support in applying for funding opportunities at: www.ValueOptions.com





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Upcoming Events

Mark Your Calendars!

The 2015 Annual Members Meeting

**At the Four Points by
Sheraton, in Richmond
Virginia**

**on
March 13, 2015!**

**Great location!
Good food!
Dynamic Speakers!**

**Look for more
information!**



2015 VAAP Awards Nominations

It's that time of year again for each of us to recognize the exceptional work being done by our peers in our field. *We depend on VAAP member nominations because the VAAP Board cannot provide nominations for these awards.* We recognize the works that our members do, but help us provide the recognition of people who you think are exceptional. Please help recognize the exceptional work in our field of recovery.

Awards qualifications are:

Counselor of the Year: An active VAAP member for the past year who is not a Board member, who has made outstanding contributions to the treatment and recovery of clients, has exceptional dedication to the field, and a high level of professionalism.

Distinguished Service Award: A person or organization distinguished by outstanding contributions in the field of addiction and recovery (award limited to one per year). Current members of the Association Board are not eligible for nomination.

Citizen of the Year Award: A person who has made significant contribution to the field of addiction and is not employed in addiction counseling.

Walter Kloetzli Award: This award is in honor of Walter Kloetzli, a long time VAAP (formerly VAADAC) member and past President of VAADAC, who has spent the better part of three decades advocating on behalf of addiction professionals and those in their care. His relentless pursuit of appropriate support and recognition for substance abuse professionals has been unmatched and integral to the growth and development of VAAP and the

profession. The recipient of this award will be a VAAP member who has served at the chapter, regional or state board level and who has demonstrated extraordinary dedication in advocating for the addiction profession and VAAP.

Please submit your nominations by December 31, 2014 to: Paul Harmon, Chair, VAAP Nominations Committee at paul@paulharmonlpc.com or call if you have any questions @ 540-241-1087.



Archived Webinars



These webinars are free to view anytime. Earn CE credit by simply passing the online CE Quiz! Get more information at <http://www.naadac.org/>

Some of the *Many* Webinars available ↓

- ASAM:** Understanding the New ASAM Criteria
- Billing:** Nuts and Bolts of Interfacing with Managed Care Organizations for Addiction Professionals
- Billing:** Medicaid Expansion 2014 and Preparing to Bill for Medicaid

- CBT:** Shifting from Cognitive to Behavioral Approaches in CBT
- Certification/Licensure:** Strategies for Successful Test Taking
- Clinical Supervision:** Clinical Supervision - Keys to Success
- Clinical Supervision:** Clinical Supervision 201 - Ethical Dilemmas and Other Challenges
- COD:** Integrating Co-occurring Disorders - An Introduction to What Every Addiction Counselor Needs to Know
- Conflict Resolution:** Conflict Resolution for Clients and Professionals
- Conflict Resolution:** Rein in Your Brain: From Impulsivity to Thoughtful Living in Recovery
- DSM-5:** DSM-5 - Comparison and Implications for Addiction Professionals
- Ethics:** Working with NAADAC to Express Your Professional Identity



Reminders

Submitting Articles

Articles submitted may be edited for length and content. The maximum length of submitted articles is three-quarters of a page, single spaced. The editor reserves the right publish only articles which relate to the VAAP's mission.

Articles will not be printed with a recovering person's name, identifying data, or photograph without the person's written permission submitted to the editor with the related article.

The name of treatment facilities or providers will not be printed.

If you wish a by-line, submit your name and credentials as you wish it to be published. If desired, your e-mail address can also be listed.

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAAP VIEWS for publication, contact the editor, **Denise Cooper** at:

Cooperd@rbha.org

January 16, 2015

Deadline 5 PM:

Article submission for the Winter Edition, VAAP VIEWS

Update Your Colleagues

Have you received a professional award? Do you know a VAAP member who has received a professional award? Please send VAAP Views this information so that the accomplishments of our members do not go unrecognized.

Change in Your E-Mail Address

E-blasts to VAAP members about VAAP trainings and other events are performed by NAADAC, who maintains the VAAP membership list. If you need to change your e-mail address, please write Autumn Kramer, Director of Membership Services, at: AKramer@naadac.org

VAAP 2014-2015 Sustaining Membership

American Addiction Centers

7564 Rain Flower Way
Columbia, Md. 21046
Melissa McCarthy
Ph. 443-890-4309
Fax 202-204-6334
mmccarthy@contactaac.com

Bridging The Gaps Integrative

Addiction Treatment-

423 West Cork Street
Winchester, Va. 22601
William F. Orth
Ph. 540-535-1111
Fax 540-450-1205
worth@bridgingthegaps.com

Broad Highway Recovery

12141 Bromwich Drive
North Chesterfield, Va. 23236
Sam Davis
Ph. 512-777-9852
sam@broadhighwayrecovery.com

Caron Treatment Centers

16 Lighthouse Drive
Hampton, Va. 23664
Jerri Shannon
Ph. 757-876-5640
jshannon@caron.org

Chesterfield Mental Health

Substance Abuse Program
P O Box 9f2
6801 Lucy Corr Blvd
Chesterfield, Va 23832
Contact Person: Janet Loving
Phone number 804-768-7210
Fax 808-768-9283
Email Address
Lovingj@Chesterfiled.gov

Farley Center at Williamsburg Place

5477 Mooretown Road
Williamsburg, Va. 23188
Eric Rhodes
Ph. 757-941-6344
Fax 757-565-0620
erhodes@FarleyCenter.com

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Newport News, Va. 23666-1765
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Ph. 757-788-0020
nward@hnncsb.org

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Annandale, Va. 22003
Steve Crow
Ph. 703-256-6474
Fax 703-256-1596
Hhouse5105@aol.com

Life Center of Galax-

CRC Health
112 Painter St
P O Box 27
Galax Va. 245333
Anne Soffee, Regional Coordinator
(804) 929-7805
Fax (276) 236-2267
asiffee@crchealth.com

Pathways Treatment Center

Centra Health

3300 Rivermont Avenue
Lynchburg, VA 24503
Brent McCraw
Ph. 434-200-4796
Fax 434-200-7467
Brent.McCraw@CentraHealth.com

Phoenix House of the Mid-Atlantic

521 North Quincy Street
Arlington, VA 22203
Patricia Schneeman
Ph. 703-841-0703 X93084
Fax 703-243-7956
pschneeman@phoenixhouse.org
cblanton@phoenixhouse.org

Richmond Behavioral Health

Authority-

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Richmond, Va. 23219
Dr. James C. May
Ph. 804-819-4012
Fax 804-819-8783
MayJ@rhba.org

SAARA of Virginia

306 Turner Road, Suite L
Richmond, VA 23225
Marjorie Yates / Jan Brown
Ph. 804-762-4445
Fax 804-762-4333
marjoriey@saaracenter.org
janmbrown@mac.com

Serenity Acres Treatment Center

2015 Martins Grant Court
Crownsville, Md. 21032
David Semanco
Ph. 1-800-440-0714
Fax 443-279-4247
davids@serenityacrestreatment.com

Smart Start Inc.

500 E Dallas Rd
Grapevine, TX 76051
Contact Shelda Northcutt
Phone 919-815-5125
Fax 919 650 2875
Email:
Sheld.Northcutt@SmartStartInc.com

The Center for Relationship

Training and Recovery

Michael H. Borash, LPC, P.C. and

Associates-

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Wilmington Treatment Center

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