

# VAAP VIEWS

Virginia Association of Addiction Professionals,  
an affiliate of NAADAC, The Association for Addiction Professionals

Volume 26 No 3  
Summer 2013

## VAAP Board

Patrice Porter	President
John Savides	Past President
Ron Mills	Treasurer
Ebony Stockton	Secretary
David Semanco	Northern President
Ebony Stockton	Southeast President
Caroline Thompson	Southwest President
Vacant	Central Reg. President
Vacant	Central Reg. Treasurer
Denise Cooper	Delegate At Large
John Haywood	Delegate At Large
Ron Pritchard	Delegate At Large
Wade Glover	Delegate At Large
Vacant	Delegate At Large
Bianca Waechter	Student Member

### Contact INFORMATION:

Patrice Porter, President  
Phone: (540) 949-4202 Ext.610  
Email: pporter@alumni.virginia.edu

### VAAP Web Address:

[www.naadac.org/va](http://www.naadac.org/va)  
[www.vaaddictionpros.org](http://www.vaaddictionpros.org)

### Contact the VAAP VIEWS Editor:

Denise Cooper:  
Cooperd@rbha.org

### ADVERTISING:

VAAP VIEWS does accept advertising for publications, treatment centers, clinics, and job postings. Contact us if you are interested in advertising.

## More Members' Meeting Moments!



I won a door prize!



Your Board members working for you!



Another door prize winner!



---

## *Student Membership Counts!*

Halfway through my Masters Program at William & Mary I was offered the opportunity to sit in on a VAADAC, now VAAP, board meeting and discuss the possibility of becoming a student board member. At the time I had very limited knowledge about what opportunities this would present for me, the professionals I would meet, or the responsibilities I was signing up for. My undergraduate degree was in Business, after which I participated in a six month CASAC training program in NY before starting the counseling program at W&M. The benefits of participating with VAAP have been extraordinary and numerous.

I've participated and presented in conferences I might not otherwise have heard about, met and had discussions with professionals whose experiences I respect, and been able to obtain mentorship outside the faculty I have access to at W&M. Having this experience has allowed me to develop my own professional identity, observe others professional development and experience the ethics of counseling in a hands-on way. My fellow board members have taught me the importance of understanding our history as a profession, and passed on the duty to uphold standards and create new goals for advocacy and continue advancing our field.

My goals as I continue to work with VAAP are to inform and invite other students to help me continue to work towards developing Student Chapters on college campuses across the state. These Student Chapters will be composed of current students and give access to mentorship and internship opportunities, professional identity development, training and aid to upcoming leaders in the field.

Bianca Waechter  
Student Board Member, VAAP  
The College of William & Mary



### *Issue Brief: Nicotine Dependence*

Nicotine is a psychoactive drug and its regular use can result in nicotine dependence and premature death. It is estimated that 2.5 million people die worldwide each year because of tobacco use and that by 2020 the death toll will be at least 10 million if present trends in tobacco consumption continue. In the United States, cigarettes kill 430,000 people directly each year, and environmental tobacco smoke kills more than 53,000.

Similar to alcoholism and other drug addictions, Nicotine has not always been viewed as a primary disease; the health profession has traditionally viewed tobacco use as a risk factor for other diseases, but

not as a primary health problem itself. This approach has only hindered the process to development of optimal treatment methods for clients addicted to nicotine.

Treatment facilities and the surrounding property should be designated tobacco-free areas. NAADAC supports the prohibition of the use of tobacco products and spit tobacco within all buildings and on the grounds of all freestanding treatment facilities as well as in vehicles used to transport patients at any time.

NAADAC



## **Archived Webinars**

These webinars are free to view anytime. Earn CE credit by simply passing the online CE Quiz! Get more information at

<http://www.naadac.org/>

# Smoking Cessation Database

This Excel file is sorted alphabetically by "SOURCE" and then "NAME" of resource but once downloaded, the data can be sorted using alternative options and/or the entries can be searched using key words in order to quickly to find what you are looking for. Many of the websites in this database have links to *additional* resources.

You can access the database file from any of the following hyperlinked websites:

**Central East ATTC** (Addiction Technology Transfer Center) website, Virginia section: <http://www.attcnetwork.org/regcenters/generalContent.asp?rcid=2&content=PARTCUSTOM5>

Or download the file directly using this link: <http://www.danyainstitute.org/wp-content/uploads/2013/04/Behavioral-Healthcare-Provider-Resources-Database-1.xls>

**Smoking Cessation Leadership Center**, Behavioral Healthcare Resources section (under "Other Resources and Facts"): [http://smokingcessationleadership.ucsf.edu/MH\\_Resources.htm#otherresources](http://smokingcessationleadership.ucsf.edu/MH_Resources.htm#otherresources)

**SAARA of Virginia** (Substance Abuse Addiction and Recovery Alliance) website, Resource File Download section: <http://www.saara.org/resource-file-downloads.php>

**Cease Smoking Today (CS2Day)**  
- Tobacco Free Alliance of Virginia section (under Links to Data): <http://www.ceasesmoking2day.com/index.php/component/content/article/968-tobacco-free-alliance-of-virginia/454-tobacco-free-alliance-of-virginia>

Contributed by Janis Dauer



# Peer Recovery Coach Corner

*More similarities and differences between Peer Based Supports, Professional Treatment Services and 12 – Step Recovery*

## How paid for:

1. Professional Services – *Insurance; Medical*
2. 12-step & other programs - *Self-Supporting*
3. Peer-Based Supports - *Public; Contributions*

## Authority by:

1. Professional Services- *Research; Credentials*
2. 12-step & other programs- *Experience; Traditions*
3. Peer-Based Supports- *Shared Experience*

## Documentation:

1. Professional Services- *Extensive*
2. 12-step & other programs- *None; self - journals*
3. Peer-Based Supports- *Limited*

## Power resides in:

1. Professional Services - *Provider*
2. 12-step & other programs – *Group Conscious; Higher Power*
3. Peer-Based Supports - *Participant*

## More AMM Exhibitors!



## Reminders

### Submitting Articles

Articles submitted may be edited for length and content. The maximum length of submitted articles is three-quarters of a page, single spaced. The editor reserves the right to publish only articles which relate to the VAAP's mission.

Articles will not be printed with a recovering person's name, identifying data, or photograph without the person's written permission submitted to the editor with the related article. The name of treatment facilities or providers will not be printed.

If you wish a by-line, submit your name and credentials as you wish it to be published. If desired, your e-mail address can also be listed.

If you would like to submit a newspaper article or an article that you have written yourself such as articles on current topics of interest, trends in counseling, or book reviews to VAAP VIEWS for publication, contact the editor,

**Denise Cooper** at:  
[Cooperd@rbha.org](mailto:Cooperd@rbha.org)

### **October 1, 2013**

**Deadline 5 PM:**

Article submission for the Fall Edition, VAAP VIEWS

### **November 15, 2013**

**Deadline 5 PM:**

Article submission for the Winter Edition, VAAP VIEWS

### **April 1, 2014**

**Deadline 5 PM:**

Article submission for the Spring Edition, VAAP VIEWS

### **June 15, 2014**

**Deadline 5 PM:**

Article submission for the Summer Edition, VAAP VIEWS

### Update Your Colleagues

Have you received a professional award? Do you know a VAAP member who has received a professional award? Please send VAAP Views this information so that the accomplishments of our members do not go unrecognized.

### Change in Your E-Mail

#### Address

E-blasts to VAAP members about VAAP trainings and other events are performed by NAADAC, who maintains the VAAP membership list. If you need to change your e-mail address, please write Autumn Kramer, Director of Membership Services, at: [AKramer@naadac.org](mailto:AKramer@naadac.org)

## VAAP Upcoming Events

**Save the date!**

**March 21, 2014**

**Annual Members Meeting**

---

## **VAAP 2013-2014 Sustaining Membership**

### **Alliance for the Prevention and Treatment of Nicotine Addiction (APTNA)**

3557 Chesapeake Blvd #1  
Norfolk, Va. 23513  
Janis Dauer  
Ph. 757-858-9934  
Fax 757-858-8464  
[jdauer@aptna.org](mailto:jdauer@aptna.org)

### **American Addiction Centers**

2601 E Oakland Park Blvd  
Fort Lauderdale, Fl. 33306  
Melissa McCarthy  
Ph. 443-890-4309  
Fax 202-204-6334  
[mmccarthy@contactaac.com](mailto:mmccarthy@contactaac.com)

### **Barry Robinson Center/St. Brendan's Harbor**

443 Kempsville Road  
Norfolk, Va. 23502  
Grey Martin or Betty Selph  
Ph. 757-455-6177  
Fax 757-455-6127  
[gmartin@barryrobinson.org](mailto:gmartin@barryrobinson.org)  
[bselph@barryrobinson.org](mailto:bselph@barryrobinson.org)

### **Bridging The Gaps Integrative Addiction Treatment**

423 West Cork Street  
Winchester, Va. 22601  
David Semanco  
Ph. 540-535-1111  
Fax 540-450-1205  
[dsemanco@bridgingthegaps.com](mailto:dsemanco@bridgingthegaps.com)

### **Caron Treatment Centers**

Jerri Shannon  
16 Lighthouse Drive  
Hampton, Va. 23664  
Ph. 757-876-5640  
[jshannon@caron.org](mailto:jshannon@caron.org)

### **Centra Mental Health Services**

3300 Rivermont Avenue  
Lynchburg, VA 24503  
Anne Marie Jones  
Ph. 434-200-4446  
[annemarie.jones@CentraHealth.com](mailto:annemarie.jones@CentraHealth.com)

### **Farley Center at Williamsburg Place**

5477 Mooretown Road  
Williamsburg, Va. 23188  
Gina Thorne  
Ph. 800-582-0106  
Fax 757-565-0620  
[gthorne@farleycenter.com](mailto:gthorne@farleycenter.com)

### **Harrison House of Virginia**

5105-Q Backlick Road  
Annandale, Va. 22003  
Steve Crow  
Ph. 703-256-6474  
Fax 703-256-1596  
[Hhouse5105@aol.com](mailto:Hhouse5105@aol.com)

### **Hampton – Newport News Community Services Board**

230 25<sup>th</sup> Street  
Newport News, Virginia 23607  
Sherry Glasgow  
Gloria Eley-Epps  
Ph. 757-247-2370  
Fax 757-247-2375  
[sglasgow@hnncsb.org](mailto:sglasgow@hnncsb.org)  
[geley@hnncsb.org](mailto:geley@hnncsb.org)

### **Human Resources, Inc.**

15 West Cary Street  
Richmond, Va. 23220-5609  
Karen Muscava Rose  
Ph. 804-644-4636  
Fax 804-648-4301  
[karenr@hricorp.org](mailto:karenr@hricorp.org)

### **Integrative Music Institute**

1008 E Jefferson Street  
Charlottesville, Va. 22902  
Cara Maranucci, LPC  
Ph. 434-960-2327  
Fax 434-296-0068  
[cara@caramarinuccilpc.com](mailto:cara@caramarinuccilpc.com)

### **Pathways Treatment Center**

3300 Rivermont Avenue  
Lynchburg, VA 24503  
Brent McCraw  
Ph. 434-200-4796  
Fax 434-200-7467  
[Brent.McCraw@CentraHealth.com](mailto:Brent.McCraw@CentraHealth.com)

### **Phoenix House of the Mid-Atlantic**

521 North Quincy Street  
Arlington, VA 22203  
Patricia Schneeman  
Ph. 703-841-0703 X93084  
Fax 703-243-7956  
[pschneeman@phoenixhouse.org](mailto:pschneeman@phoenixhouse.org)

### **The Recovery Center of Northern Virginia**

Herndon Office  
459-A Carlisle Dr.  
Herndon, VA 20170  
Ph. 703-464-5122  
Fax 703-464-5822  
Leesburg Office  
101 Loudoun St. SE  
Leesburg, VA 20175  
703-669-3103  
Desi Farren, Executive Director  
[desifarren222@gmail.com](mailto:desifarren222@gmail.com)

### **Recovery Choice**

#### **Augusta Behavioral Health**

79 N. Medical Park Drive  
Fishersville, Va. 22939  
Clarissa A. Wood, LCSW  
Ph. 540-213-2525  
Fax 540-941-2555  
[cwood@augustahealth.com](mailto:cwood@augustahealth.com)

#### **Richmond Behavioral Health Authority**

107 S. 5<sup>th</sup> Street  
Richmond, Va.  
James May, Ph. D.  
Ph. 804-819-4012  
Fax 804-819-8783  
[mayj@rbha.org](mailto:mayj@rbha.org)

#### **SAARA of Virginia**

306 Turner Road, Suite P  
Richmond, VA 23225  
Mark Blackwell  
Ph. 804-762-4445  
Fax 804-762-4333  
[markb@saaracenter.org](mailto:markb@saaracenter.org)

#### **Virginia Health Practitioners' Monitoring Program (HPMP)**

700 East Franklin Street  
Suite 300 Tower  
Richmond, Va. 23219  
Penelope Ziegler, MD  
Ph. 804-828-1551  
Fax 804-828-5386  
[ppziegle@vcu.edu](mailto:ppziegle@vcu.edu)

#### **Wilmington Treatment Center**

CRC Health Group  
2520 Troy Drive  
Wilmington, NC 28401  
Mandy Anderson-Ille  
Phone 910-815-3337  
Fax 910-762-7966  
[manderson@crchealth.com](mailto:manderson@crchealth.com)